

# CAN DISSOLUTION PREDICT FOOD AND ALCOHOL EFFECT?



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# GUIDELINES ON THE INVESTIGATION OF DRUG INTERACTIONS

## 2012 FDA

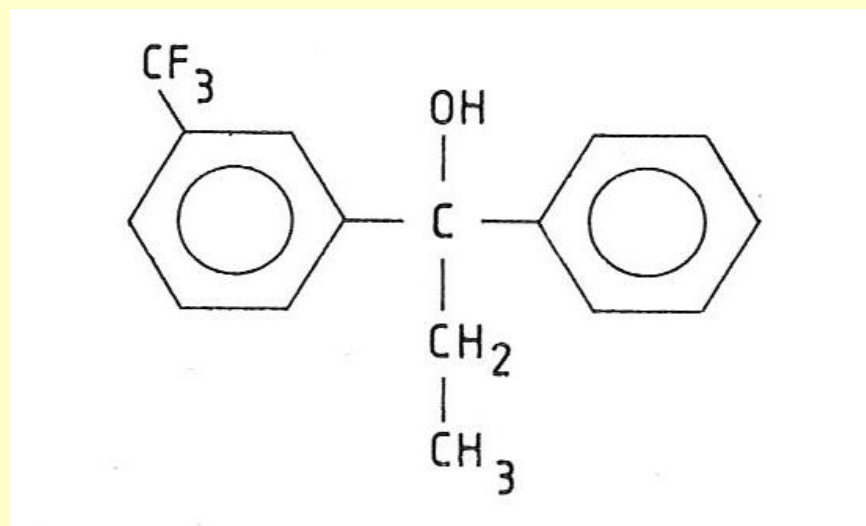
- [http://www.ema.europa.eu/docs/en\\_GB/document\\_library/Scientific\\_guideline/2012/07/WC500129606.pdf](http://www.ema.europa.eu/docs/en_GB/document_library/Scientific_guideline/2012/07/WC500129606.pdf)

## 2013 EMA

- <http://www.fda.gov/downloads/Drugs/Guidance/ComplianceRegulatoryInformation/Guidances/ucm292362.pdf>

**COMPARISON ON *IN VITRO* DISSOLUTION AND  
*IN VIVO* HUMAN ABSORPTION PARAMETERS ON FIVE DIFFERENT ORAL  
FLUMECINOL PREPARATIONS**

# CHEMICAL STRUCTURE OF FLUMECINOL (ZIXORYN<sup>®</sup>)

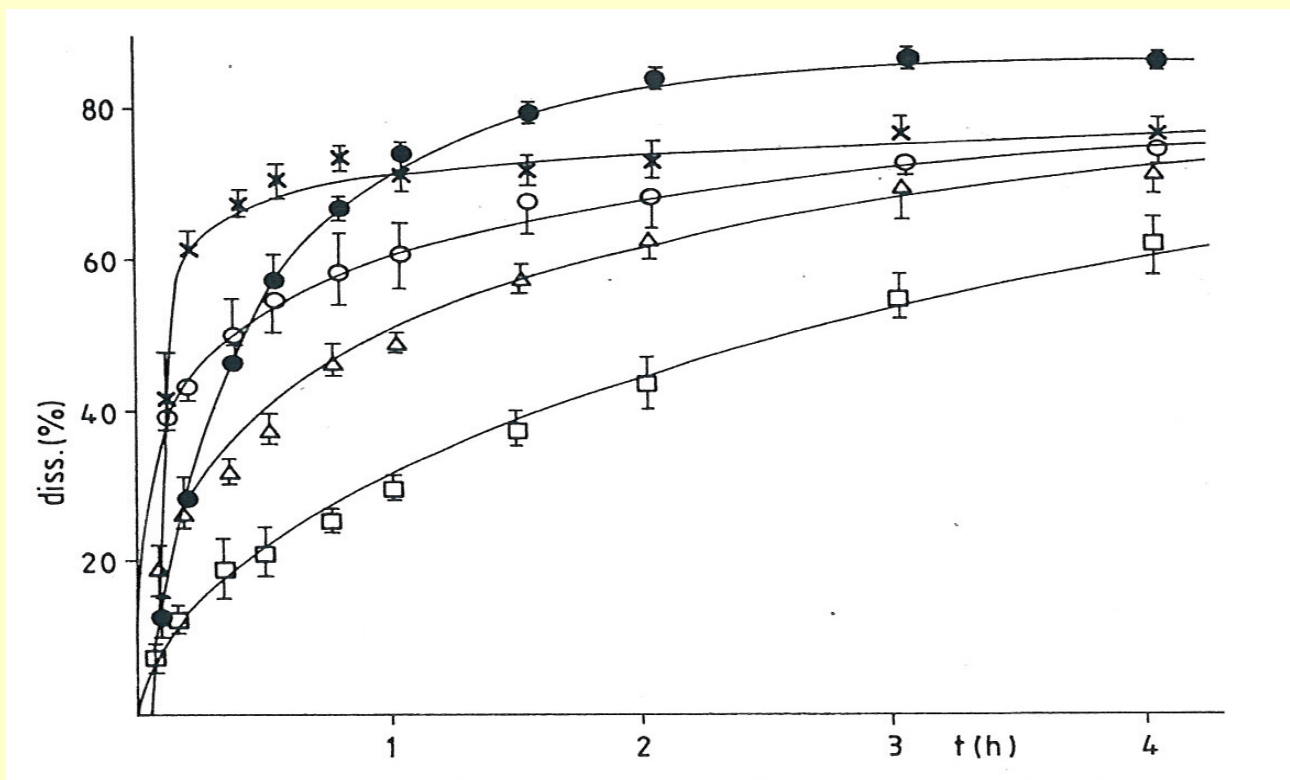


hepatic enzyme inducer (CYP-450 2B1)

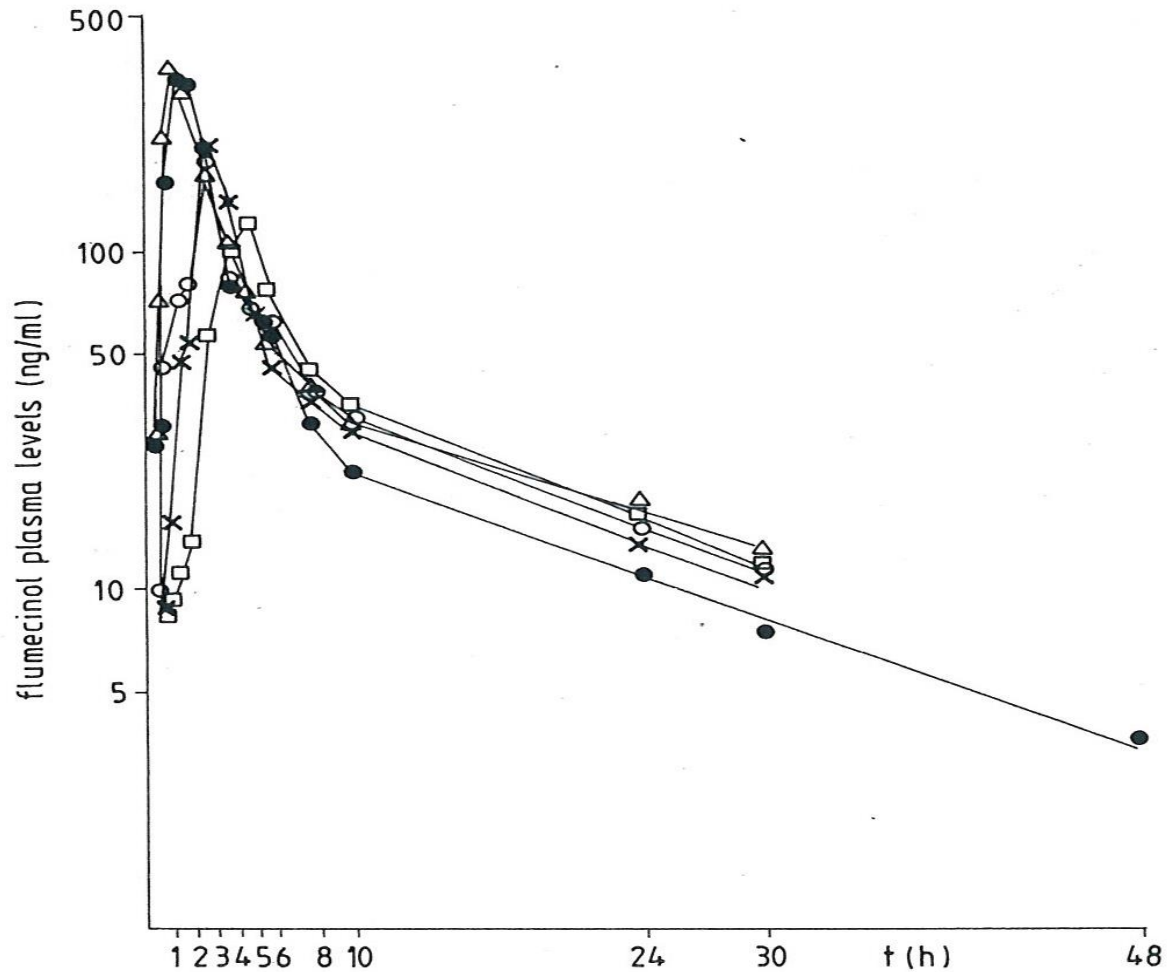
# METHOD OF FORMULATION OF DIFFERENT ORAL FLUMECINOL PREPARATIONS

Symbol	Formulation	Method for technology
<b>Adsorbate</b> ○—○	adsorbate in hard gelatine capsule	absorption of flumecinol on the surface of silicium dioxide
<b>Microcapsules</b> Δ—Δ	microcapsules in hard gelatine capsule	microencapsulation by coacervation technique
<b>β-cyclodextrine inclusion complex</b> x—x	tablet	inclusion complexation by β-cyclodextrine
<b>Micropellets I.</b> □—□	micropellets in hard gelatine capsule I.	forming of micropellets by a centrifugal granulator
<b>Micropellets II.</b> ●—●	micropellets in hard gelatine capsule II.	forming of micropellets by a centrifugal granulator

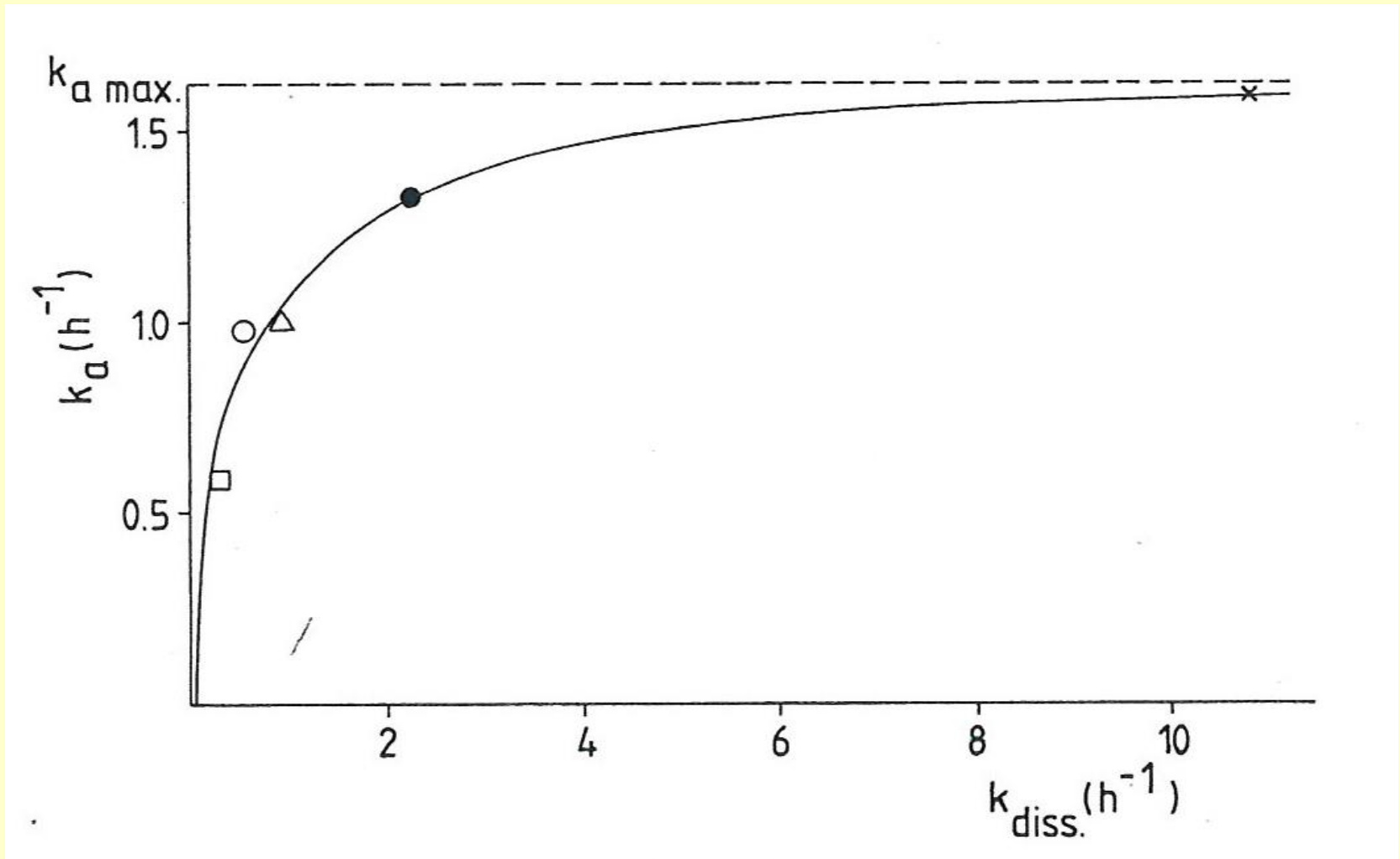
# MEAN CUMULATIVE PERCENT OF FLUMECINOL *IN VITRO* DISSOLVED AT PH 1.2 OF FIVE FORMULATIONS



# PHARMACOKINETIC CURVES OF FLUMECINOL IN HUMAN AFTER 100 MG SINGLE ORAL ADMINISTRATION OF 5 DIFFERENT FORMULATIONS



# THE RELATIONSHIP OF *IN VIVO* ABSORPTION TO *IN VITRO* DISSOLUTION RATE CONSTANTS

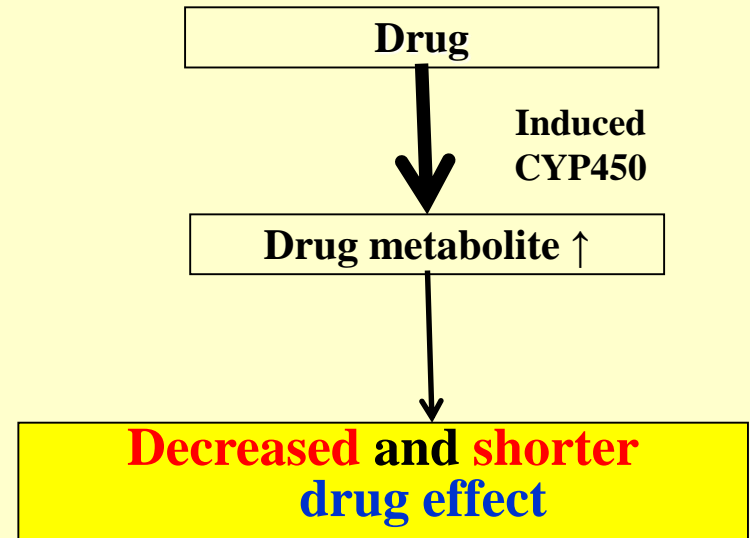




# **DRUG – ALCOHOL INTERACTION**

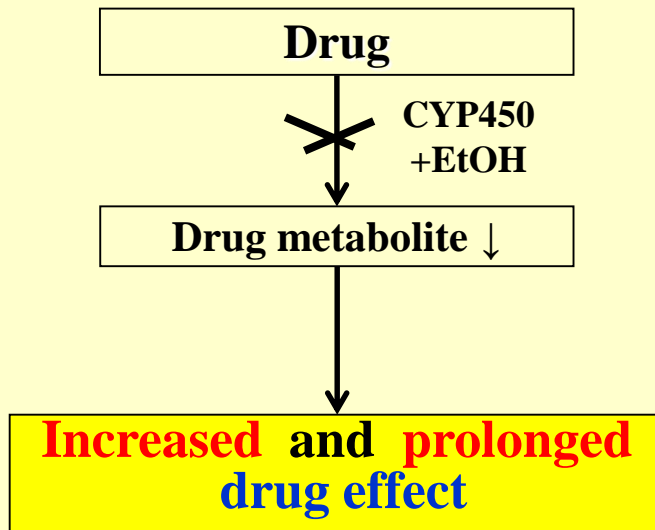
# THE INFLUENCE OF *ACUTE* AND *CHRONIC* ALCOHOL CONSUMPTION ON THE CYTOCHROM P450 ENZYMES AND ON THE DRUG EFFECT

Chronic alcohol consumption

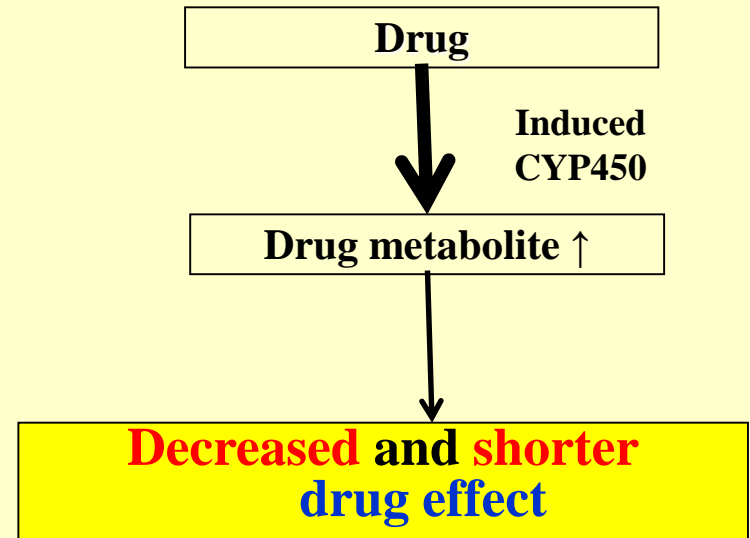


# THE INFLUENCE OF *ACUT* AND *CHRONIC* ALCOHOL CONSUMPTION ON THE CYTOCHROM P450 ENZYMES AND ON THE DRUG EFFECT

## Acute alcohol consumption



## Chronic alcohol consumption

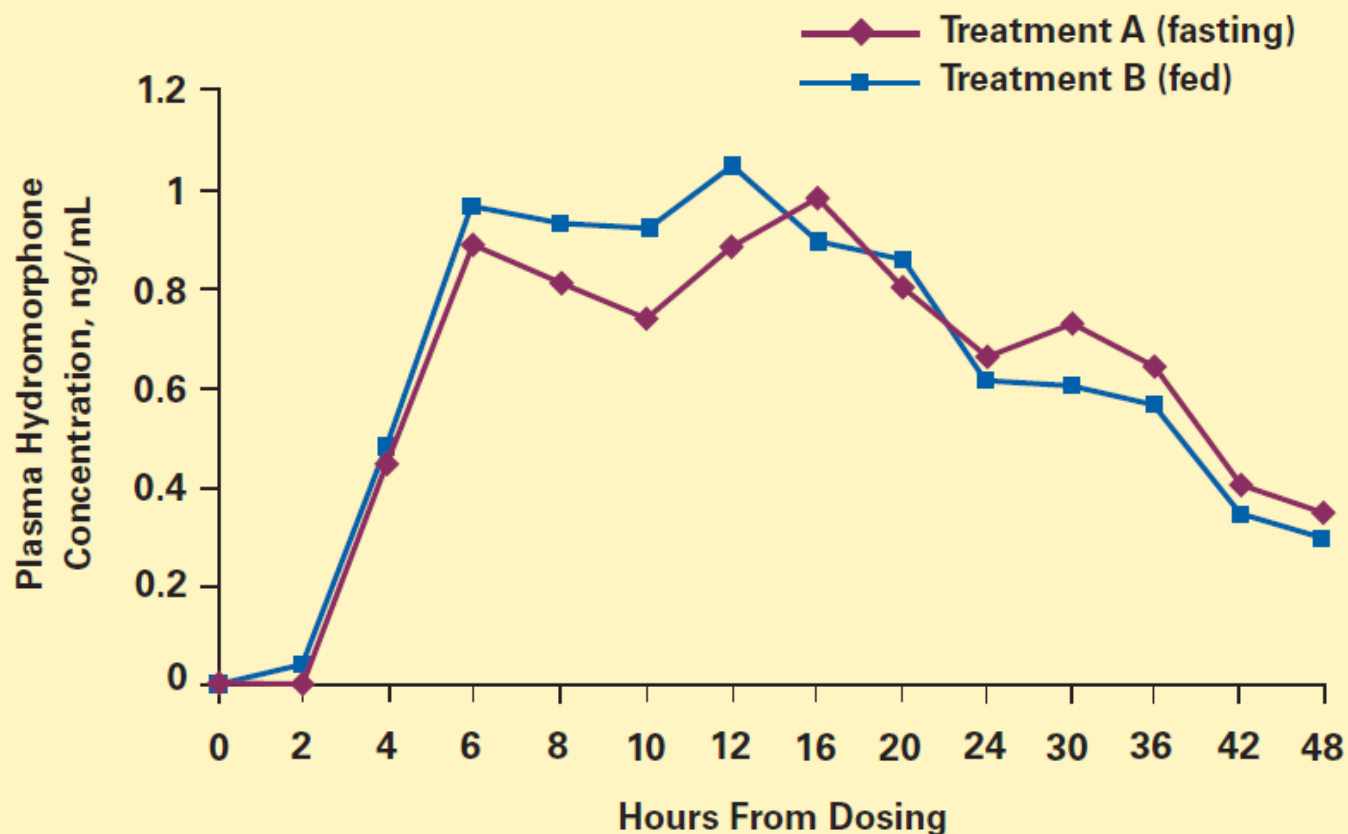


# PHARMACOKINETICS OF HYDROMORPHONE (JURNISTA<sup>®</sup>) IN HUMAN BEFORE AND AFTER THE MEAL

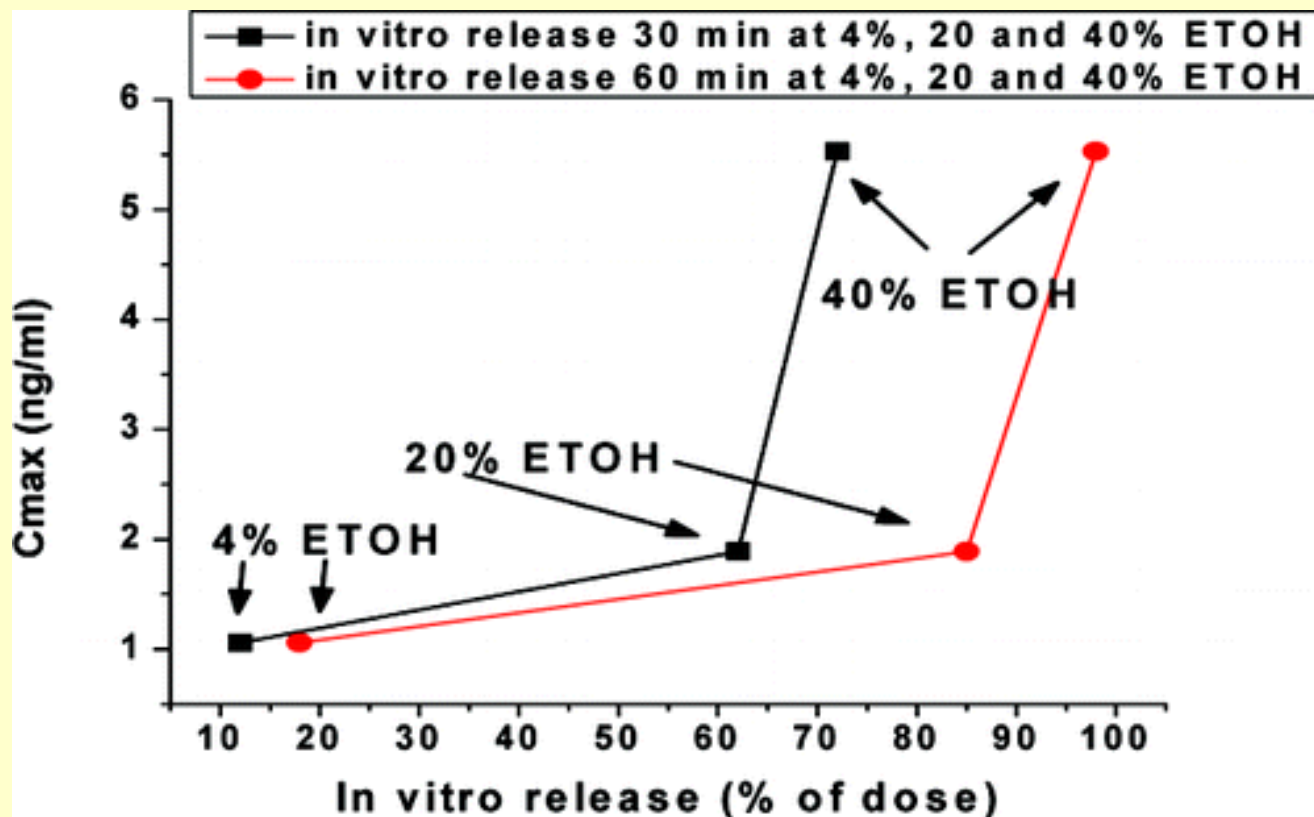


16 mg

Mean plasma concentration vs time profiles of Treatments A (OROS<sup>®</sup> hydromorphone 16 mg fasting) and B (OROS<sup>®</sup> hydromorphone 16 mg fed) in healthy volunteers



# IN VITRO DISSOLUTION PROFILE OF A CONTROLLED RELEASE HYDROMORPHONE IN ETHANOL CONCENTRATIONS OF UP TO 40%



Lennernäs H (2009) Ethanol-drug absorption interaction: potential for a significant effect on the plasma pharmacokinetics of ethanol vulnerable formulations. *Molecular Pharmacology*, 6: 1429-1440.

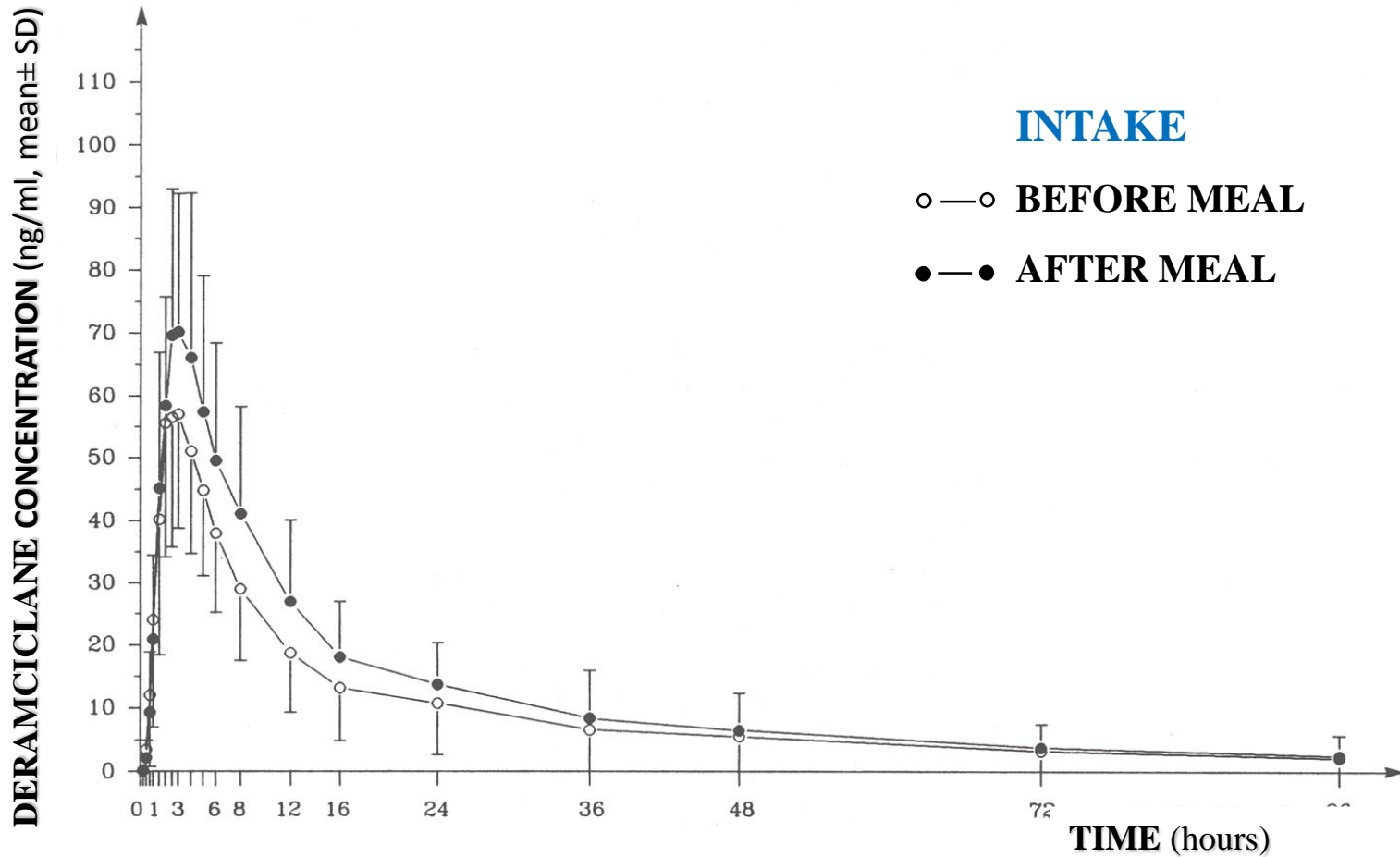


**FOOD INTERACTION OF  
DERAMCICLANE**

# ACID-LABILE DRUGS

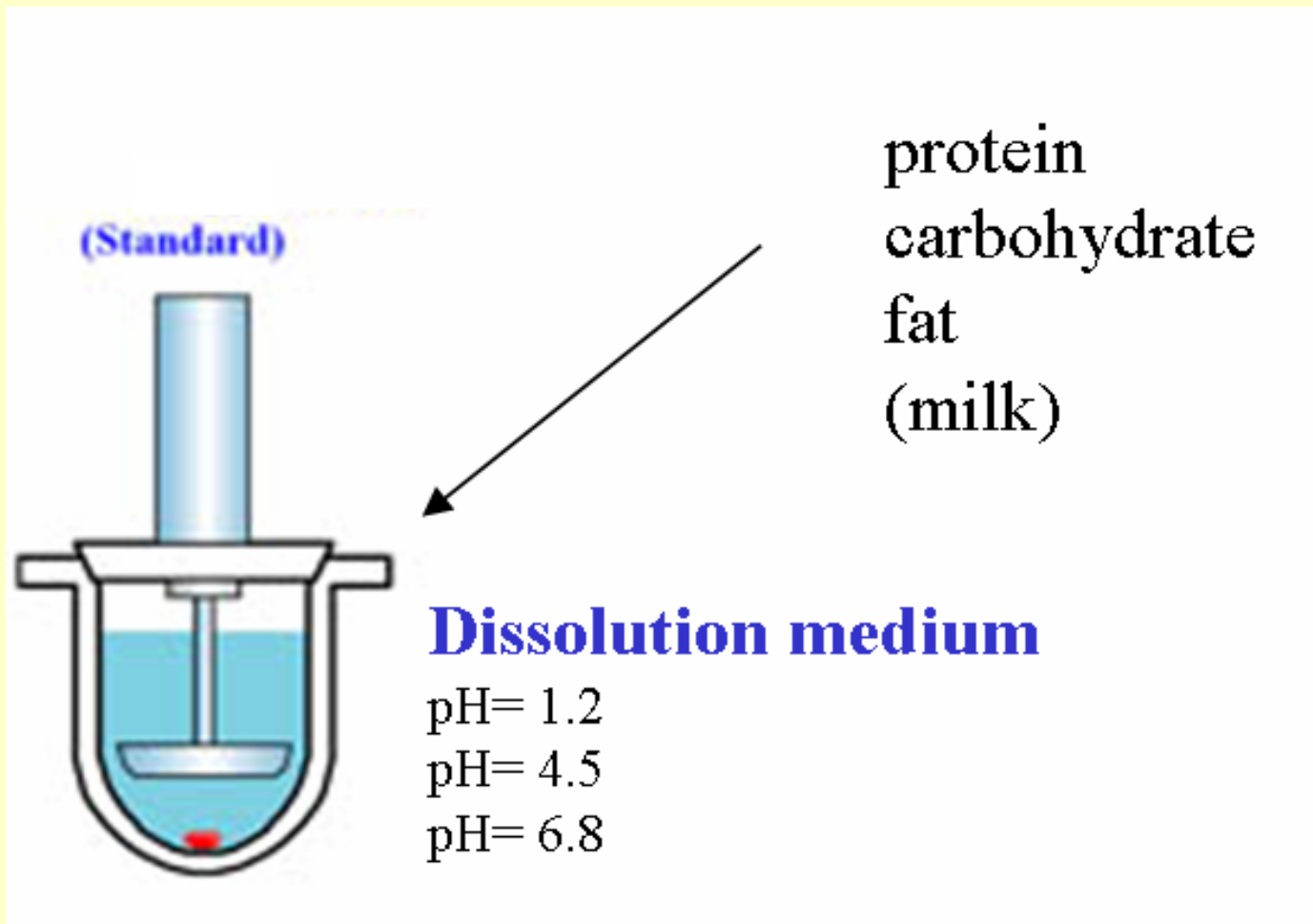
- amoxicycline
- penicilline-G
- didanozine
- digoxine
- lanzoprazole
- omeprazole
- deramciclane

# PHARMACOKINETICS OF DERAMCICLANE IN HUMAN FOOD-DRUG INTERACTION STUDY, FOLLOWING SINGLE DOSE 30 mg ORAL ADMINISTRATION





# ***IN-VITRO* FOOD-INTERACTION STUDY**



# ***IN -VITRO SIMULATION OF IN-VIVO CIRCUMSTANCES***

## **Simulated state before meal**

**Artifitial gastric juice**

**pH = 1.2**

**1 N HCl**

**NaCl**

**glicine**

**H<sub>2</sub>O**

## **Simulated state after meal**

**Food compounds added to artifitial  
gastric juice**

**pH = 2.98**

**fatty milk powder**

**1% methylcellulose**

**sunflower oil**

**saccharose**

# ***IN-VITRO* FOOD EFFECT SIMULATED 'STANDARD BREAKFAST'**



## **High calorie 'BREAKFAST' 250 ml:**

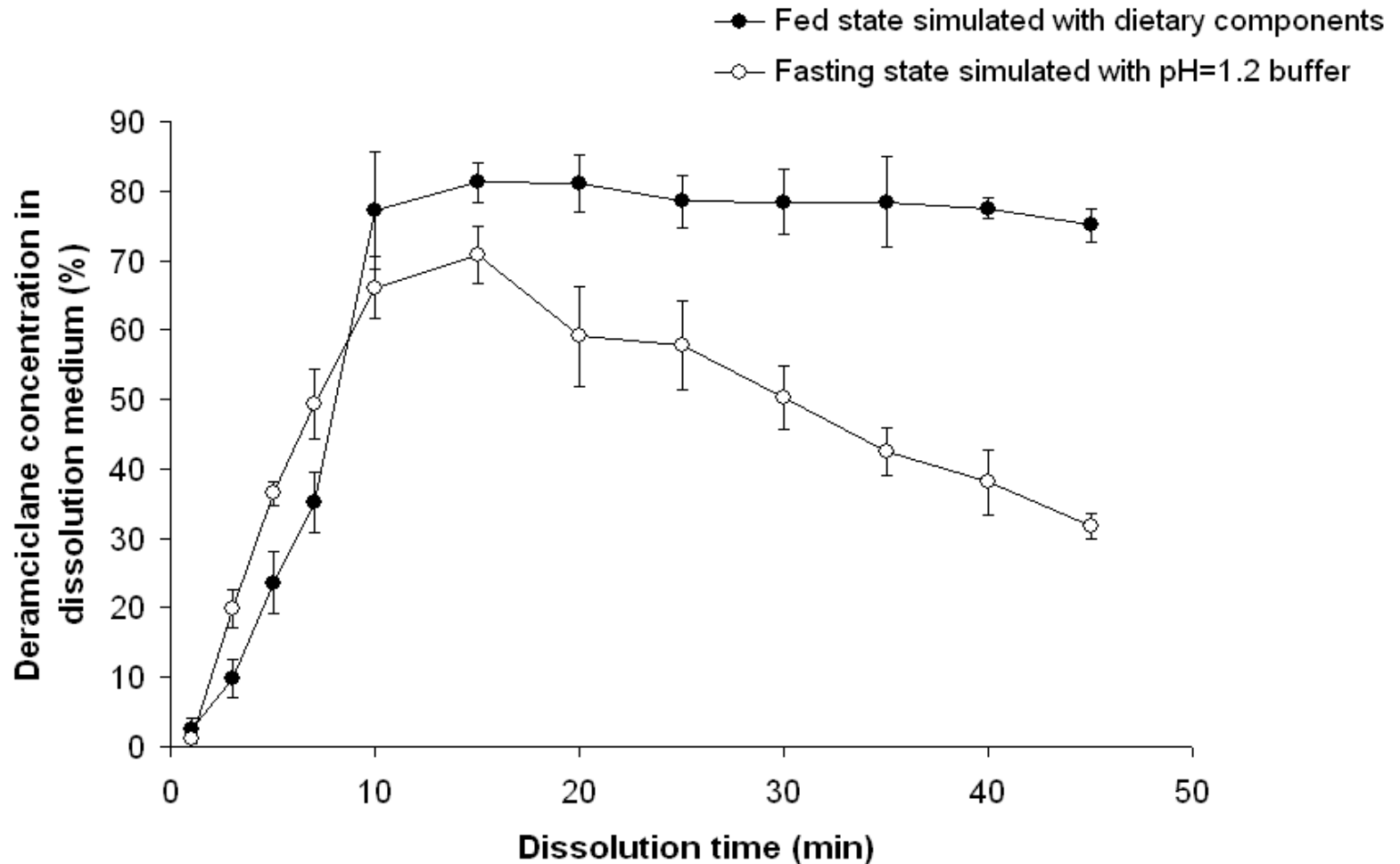
53.8 g oil

31.6 g protein

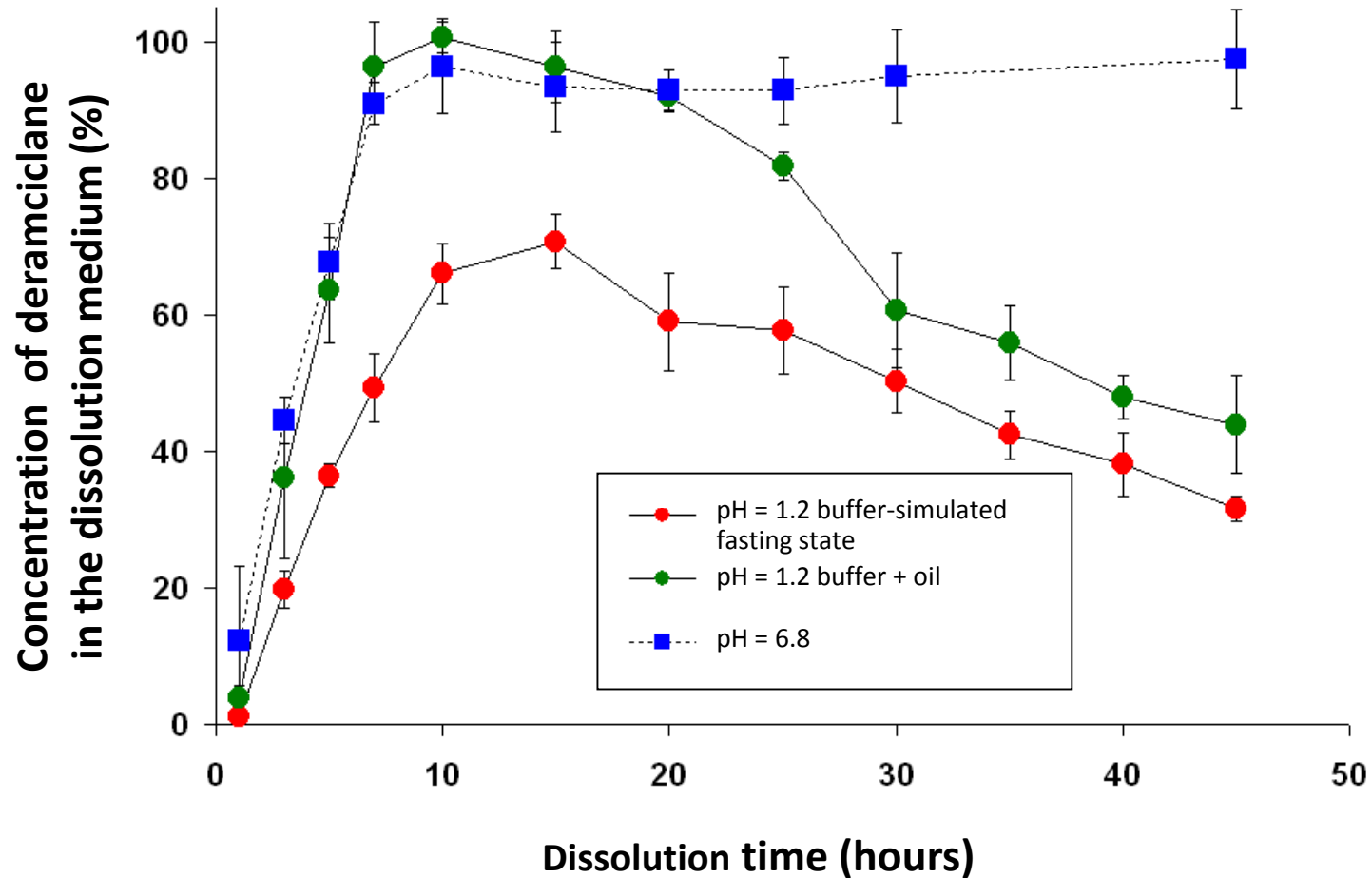
57.4 g carbohydrate



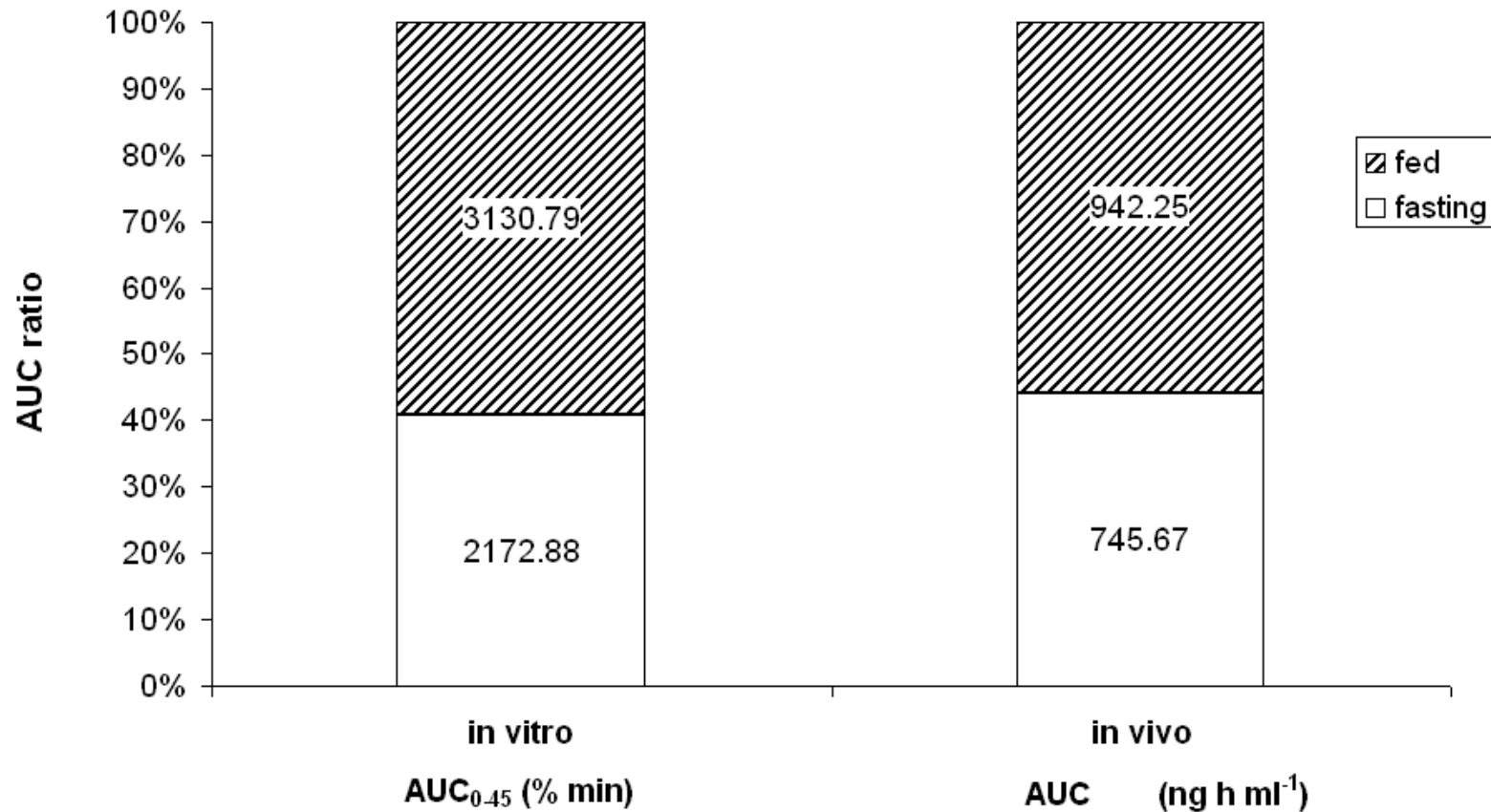
# ***IN-VITRO* DISSOLUTION OF DERAMCICLANE (100 mg tabl.)**



# EFFECT OF OIL ON THE *IN-VITRO* DISSOLUTION OF DERAMCICLANE

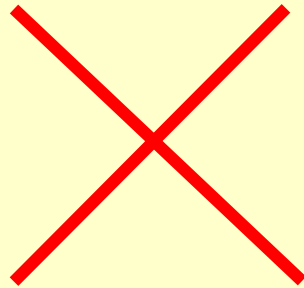


# IVIVC CORRELATION OF AUC RATIO AFTER FED AND FASTING STUDY



***IN VITRO AND IN VIVO* COMPARATIVE STUDY OF  
CIPROFLOXATIN IN  
FED AND FASTING CONDITIONS**

**Milk**



*Decreased efficiency*



## Complex-formation:

- fluorocinolones
  - tetracyclines  
(except doxycycline)
  - fluconazole
  - ketoconazole
  - sotalol
  - nitrofurantoin
  - bisacodyl
- Increased efficiency*



# FOOD-INTERACTION

**Bisphosphonates bind the food cations ( $\text{Ca}^{2+}$ ,  $\text{Fe}^{2+}$ ) with great affinity through chelate formation**

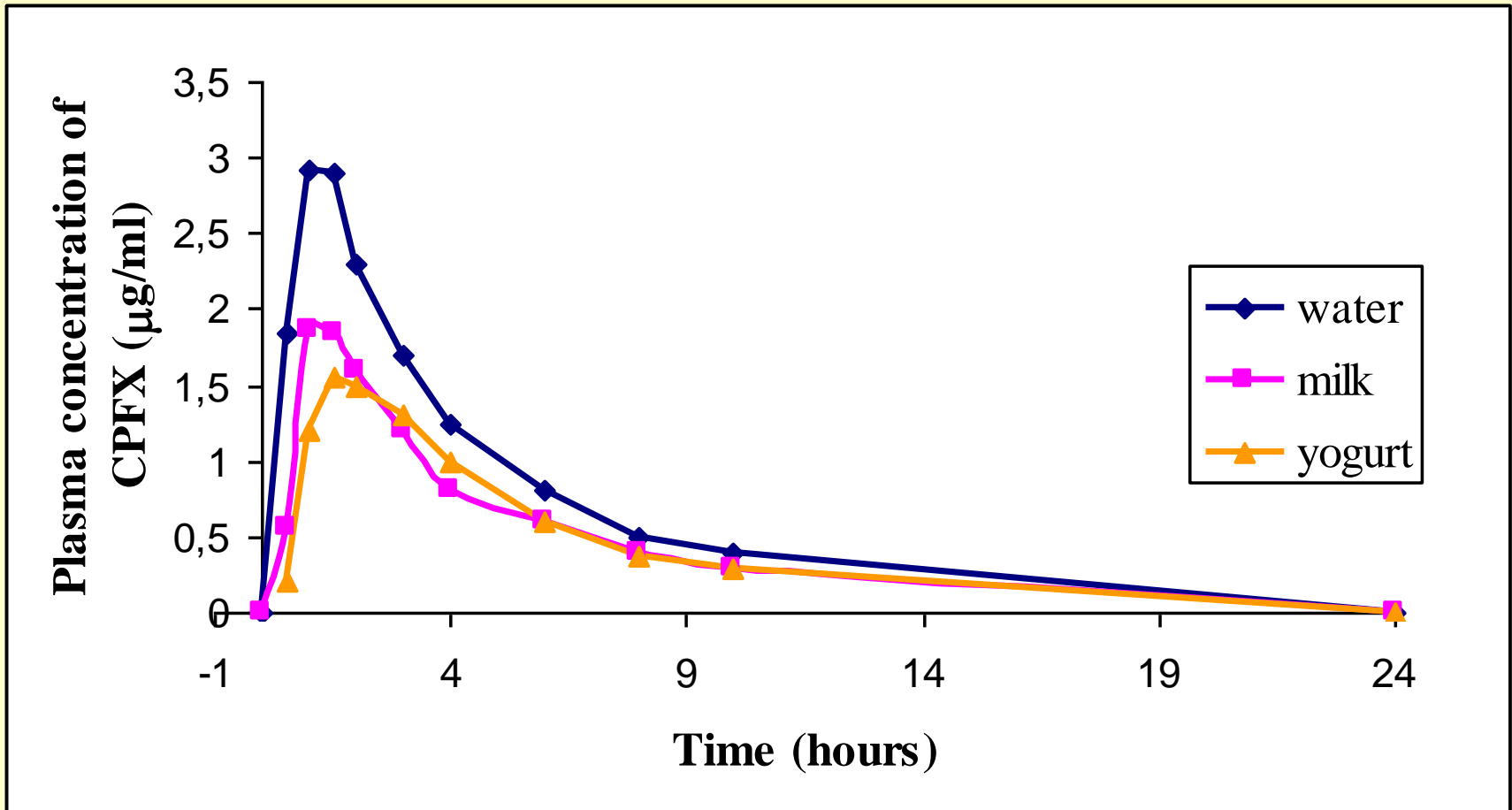
## **Bioavailability (%):**

**Clodronate ↓ 31 % (0,5 hour before meal)**

**Clodronate ↓ 90 % (with meal)**

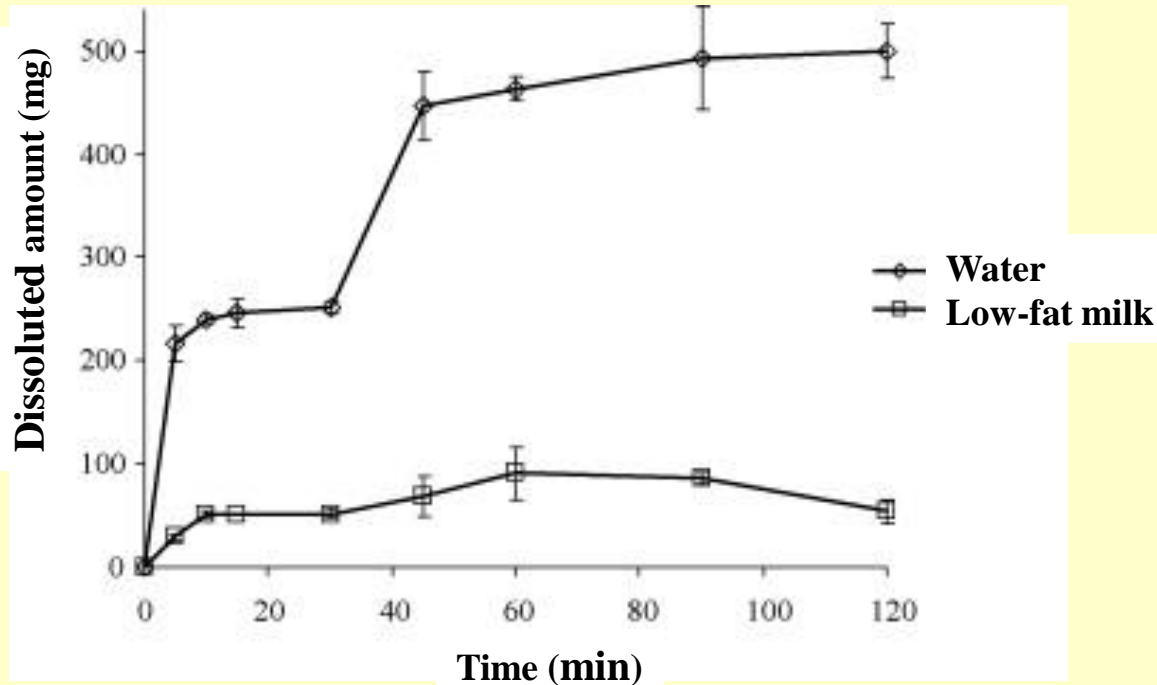
**Clodronate ↓ 66 % (2 hours after meal)**

# ***IN VIVO* HUMAN STUDY OF CIPROFLOXACIN (CPFX) 500 mg TABLETS (n = 24)**



Neuvonen et al. Clin. Pharmacol. Ther., 50, 498-502 (1991).

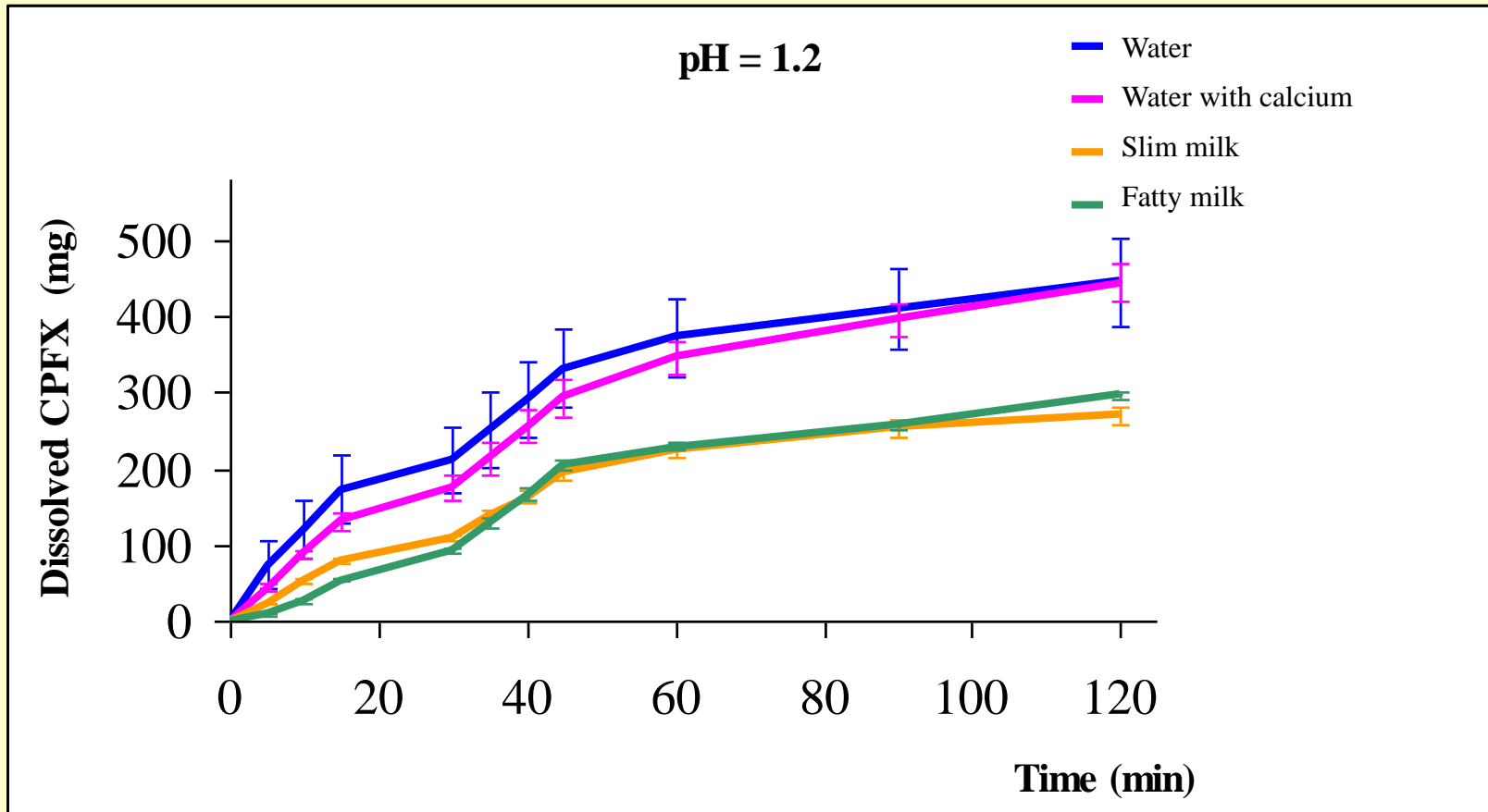
# EFFECT OF MILK ON THE DISSOLUTION OF CIPROFLOXACIN



**K. Pápai, M. Budai, K. Ludányi, I. Antal, I. Klebovich: In vitro food–drug interaction study: Which milk component has a decreasing effect on the bioavailability of ciprofloxacin?**

**J. Pharm. Biomed. Anal., 52, 37-42 (2010).**

# IN-VITRO STUDY OF CIPROFLOXACIN (CPFX) 500 mg FILM COATED TABLETS

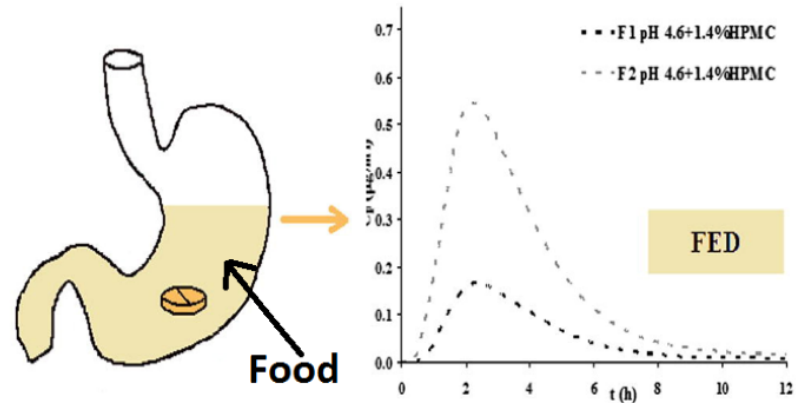
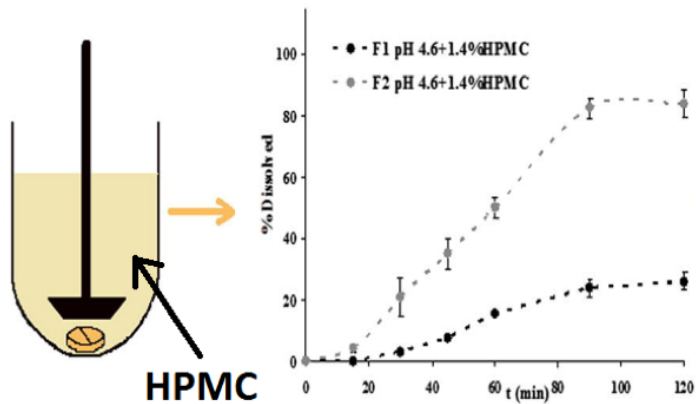
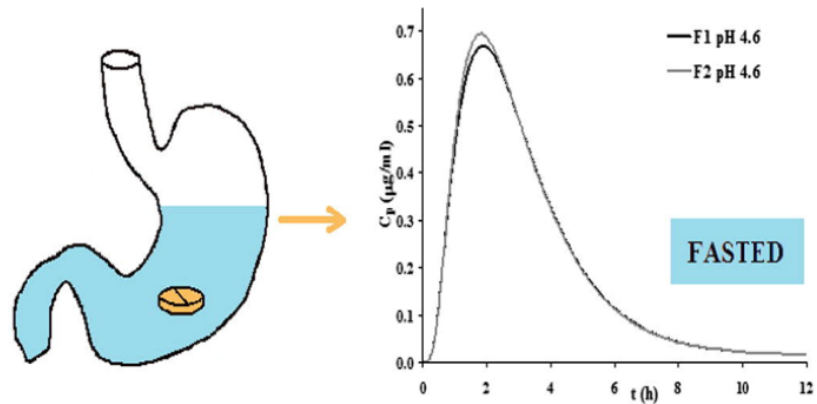
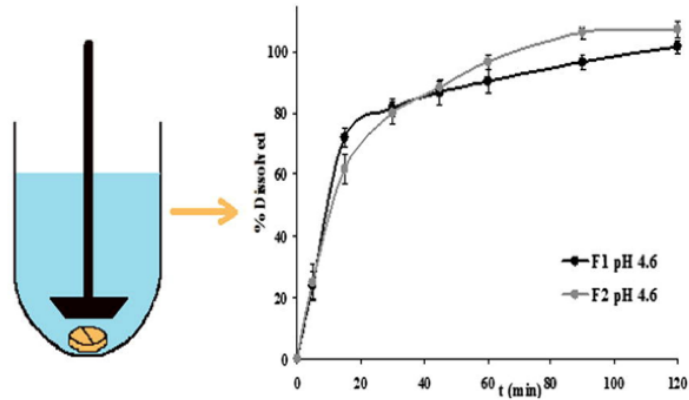


# COMPOSITION OF FAT AND SKIMMED POWDERED MILK

Type of the powdered milk	Fat (g/100g)	Protein (g/100g)	Carbohydrate (g/100g)
<b>Skimmed</b>	0.11 ± 0.02	3.13 ± 0.02	4.9 ± 0.01
<b>Fat</b>	2.22 ± 0.01	2.15 ± 0.01	2.74 ± 0.01
<b><u>skimmed fat</u> ratio</b>	<b>0.05 X</b>	<b>1.5 X</b>	<b>1.8 X</b>

**VISCOSITY-MEDIATED FOOD EFFECT WITH  
HYDROXYPROPYL METHYLCELLULOSE (HPMC)**

# VISCOSITY-MEDIATED NEGATIVE FOOD EFFECT ON ORAL ABSORPTION OF TWO DIFFERENT FUROSEMIDE (BCS IV.) PREPARATIONS (F1, F2)

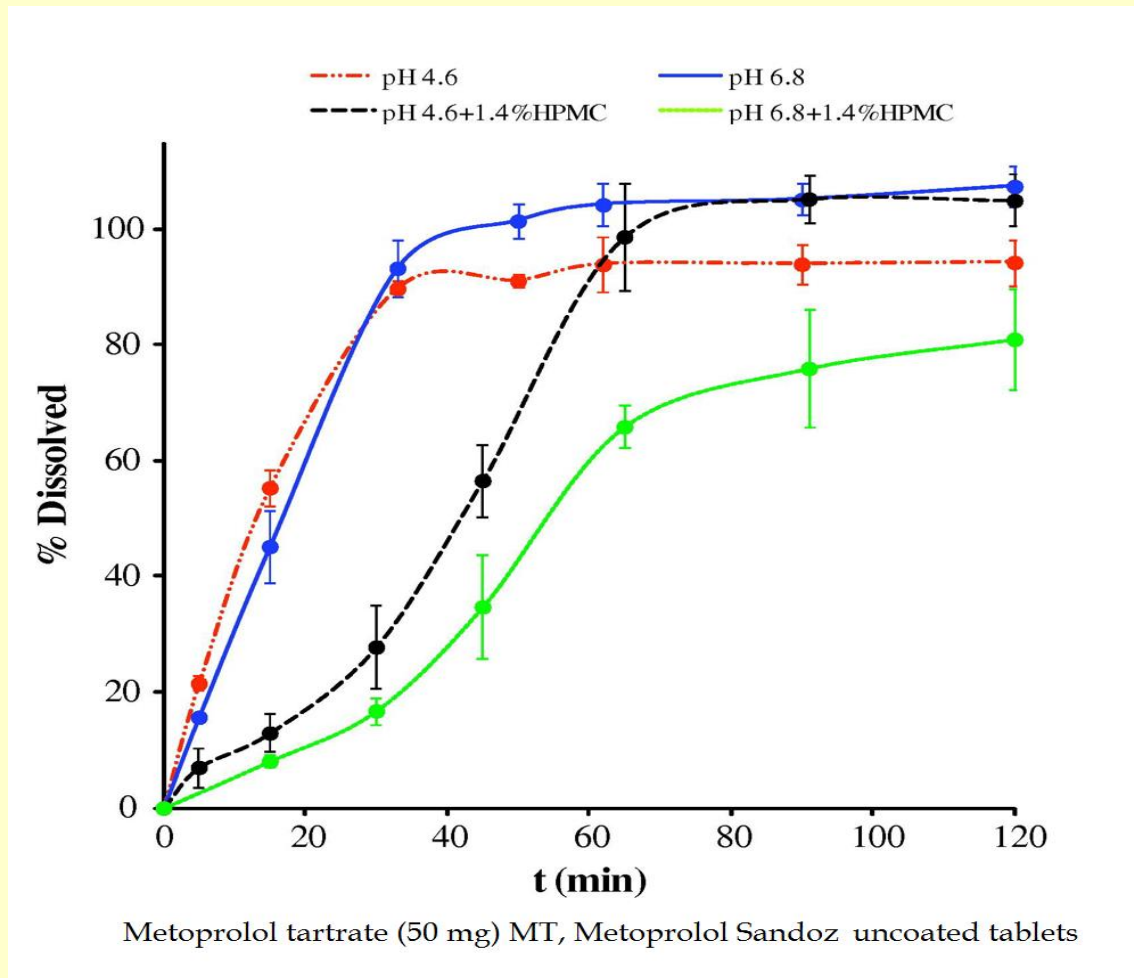


F1: Furosemid 40-1A Pharma uncoated tablets

F2: Furosemid-ratiopharm uncoated tablets

Viscosity-mediated negative food effect on oral absorption of poorly-permeable drugs with an absorption window in the proximal intestine: In vitro experimental simulation and computational verification. Sandra Cvijić et al. *Eur J Pharm Sci.* 2014 Sep 30;61:40-53.

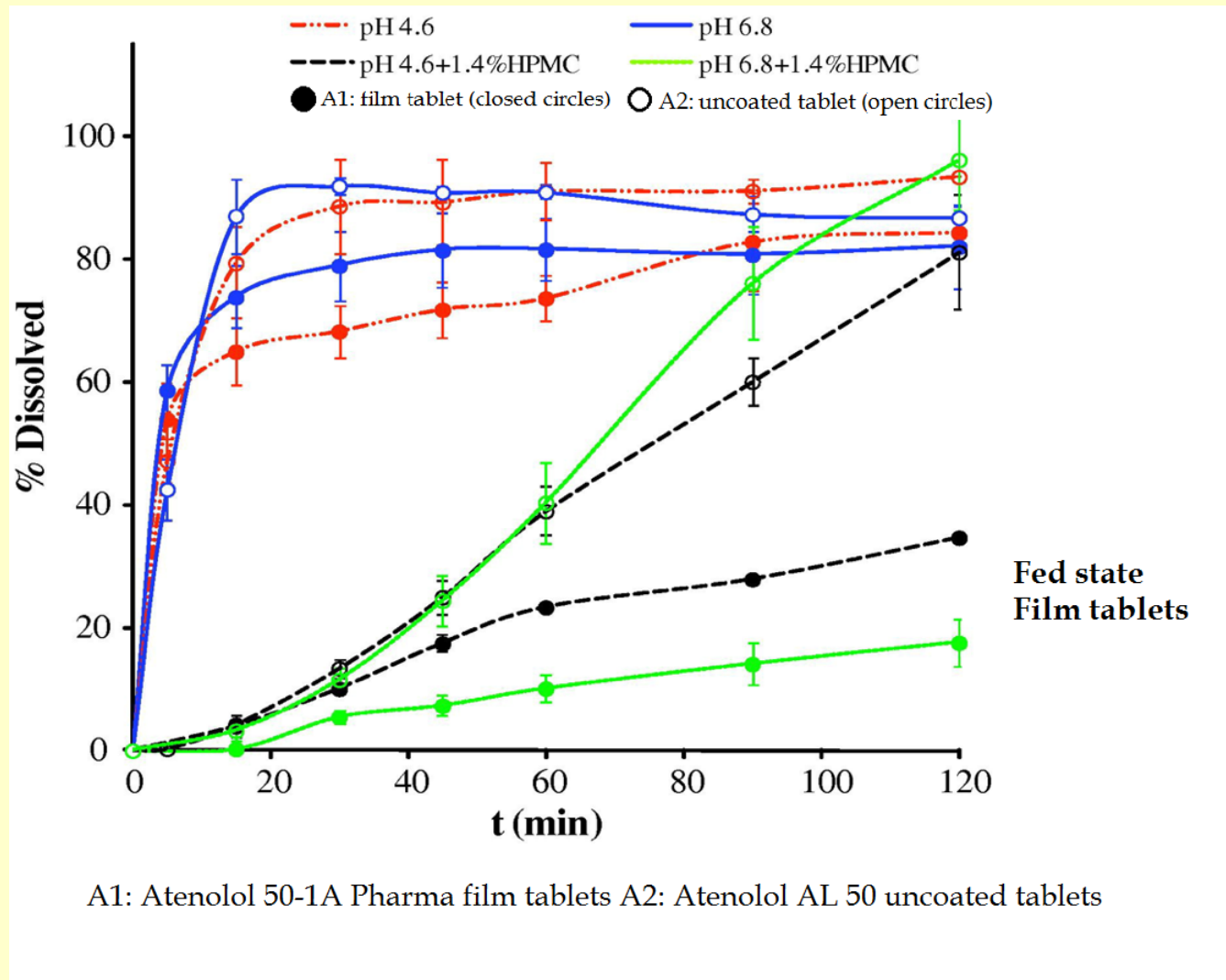
# DISSOLUTION DATA OBTAINED IN VARIOUS MEDIA FOR METOPROLOL TARTRATE (BCS I.)



Viscosity-mediated negative food effect on oral absorption of poorly-permeable drugs with an absorption window in the proximal intestine: In vitro experimental simulation and computational verification. *Sandra Cvijić et al. Eur J Pharm Sci. 2014 Sep 30;61:40-53.*

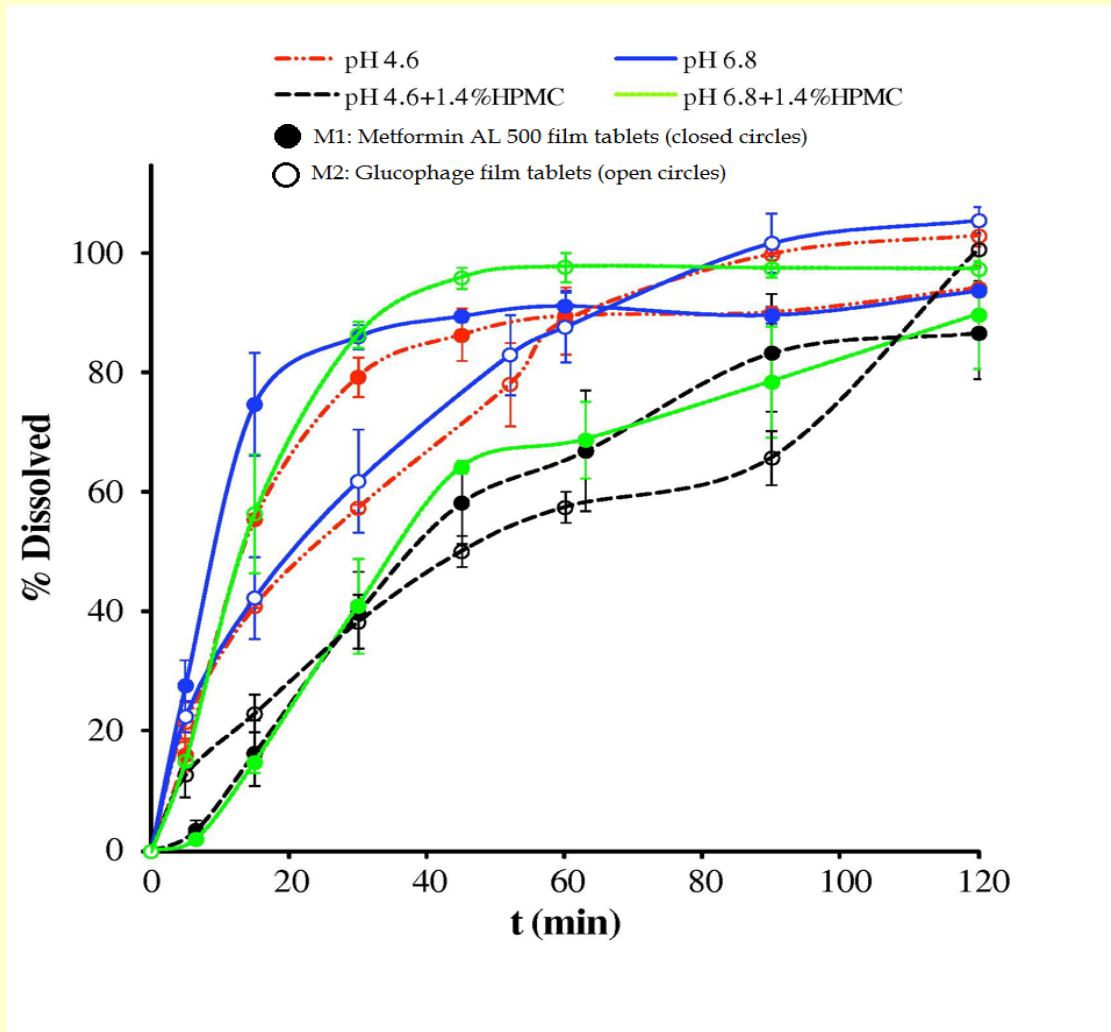


# DISSOLUTION DATA OBTAINED IN VARIOUS MEDIA FOR TWO DIFFERENT ATENOLOL (BCS III.) PREPARATIONS



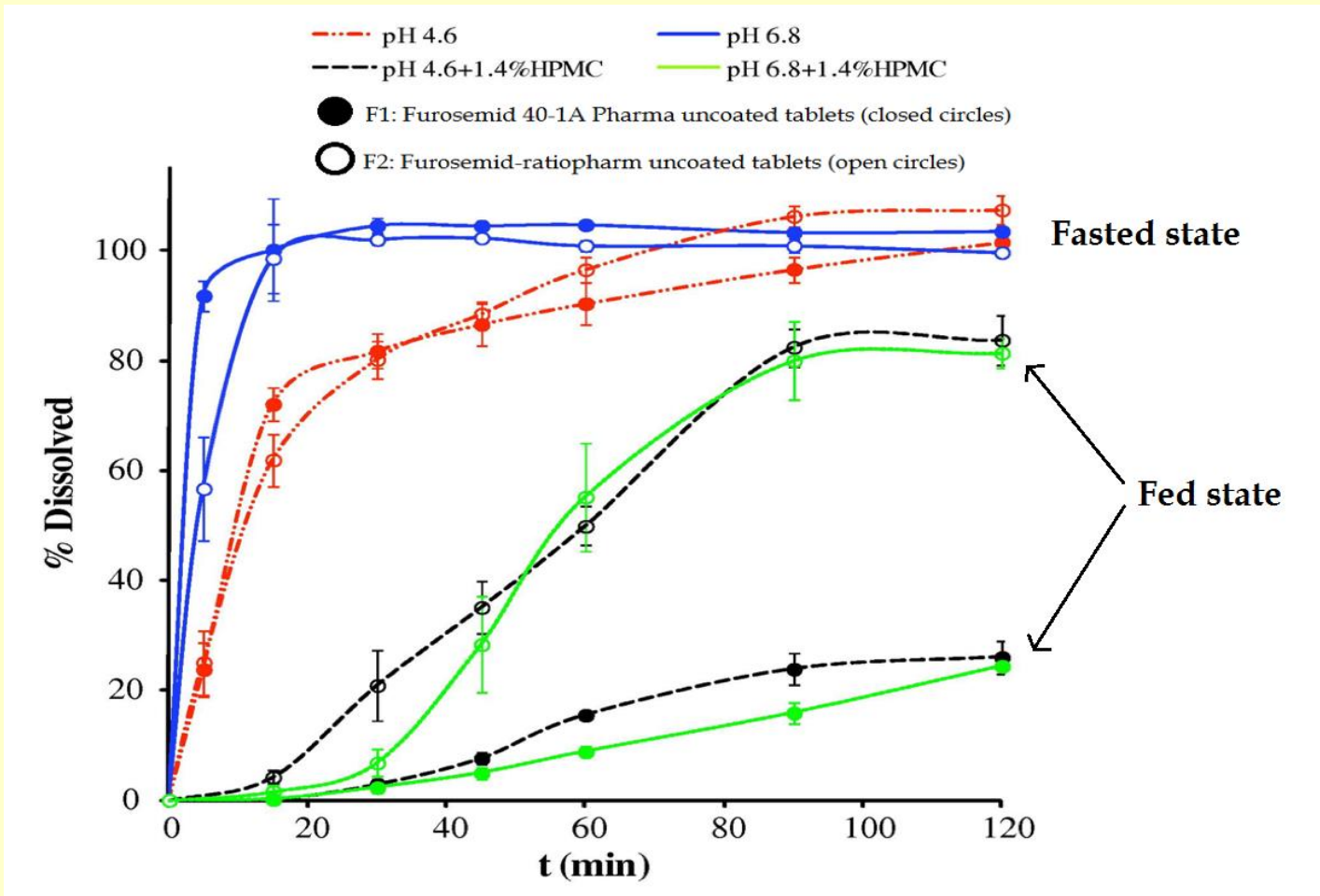
Viscosity-mediated negative food effect on oral absorption of poorly-permeable drugs with an absorption window in the proximal intestine: In vitro experimental simulation and computational verification. Sandra Cvijić et al. *Eur J Pharm Sci.* 2014 Sep 30;61:40-53.

# DISSOLUTION DATA OBTAINED IN VARIOUS MEDIA FOR TWO DIFFERENT METFORMIN HYDROCHLORID (BCS III.) PREPARATIONS (FILM TABLETS)



Viscosity-mediated negative food effect on oral absorption of poorly-permeable drugs with an absorption window in the proximal intestine: In vitro experimental simulation and computational verification. Sandra Cvijić et al. *Eur J Pharm Sci.* 2014 Sep 30;61:40-53.

# DISSOLUTION DATA OBTAINED IN VARIOUS MEDIA FOR TWO DIFFERENT FUROSEMIDE (BCS IV.) PREPARATIONS (UNCOATED TABLETS)

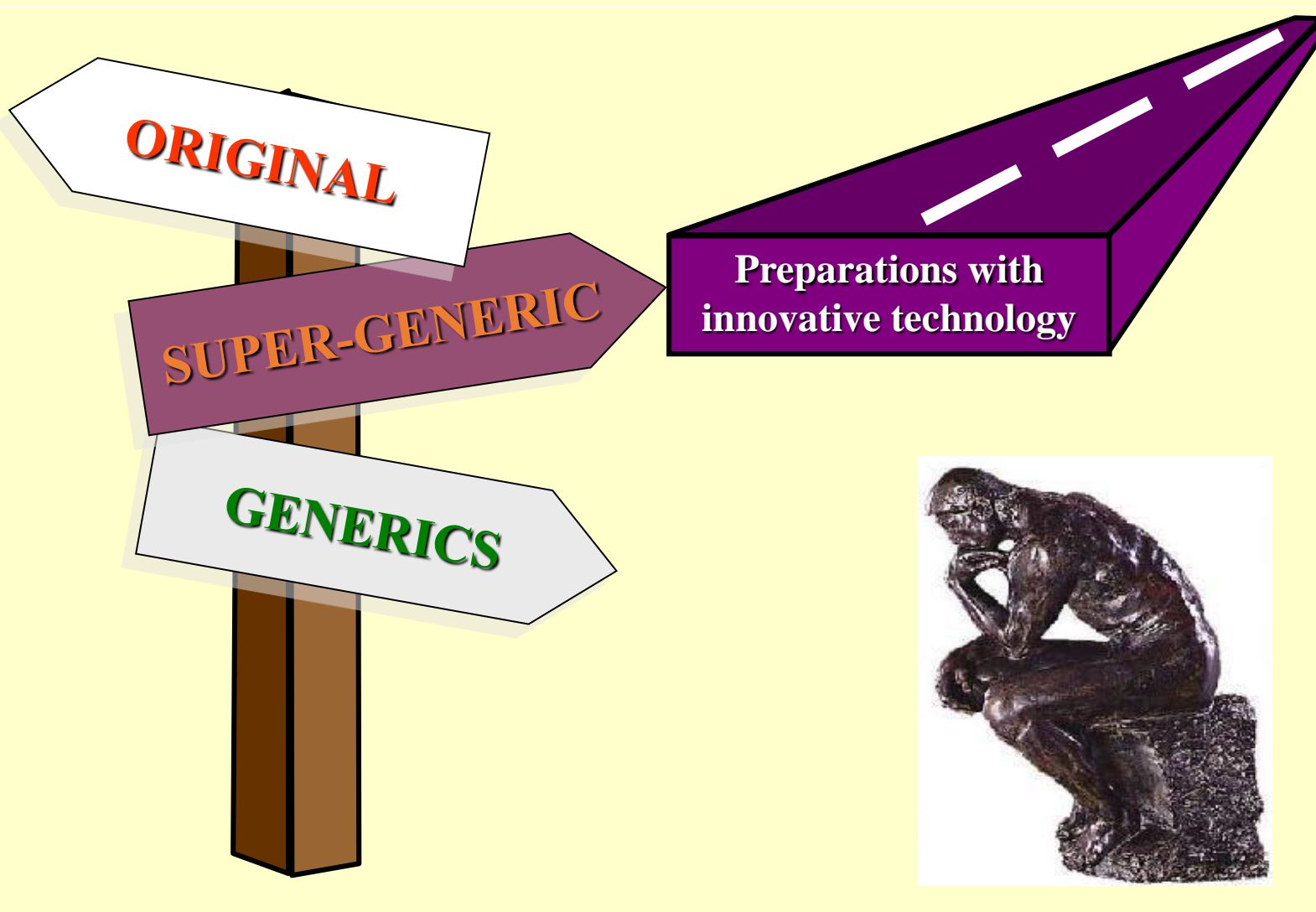


Viscosity-mediated negative food effect on oral absorption of poorly-permeable drugs with an absorption window in the proximal intestine: In vitro experimental simulation and computational verification. Sandra Cvijić et al. *Eur J Pharm Sci.* 2014 Sep 30;61:40-53.



**SUMMARY....**

# TRENDS IN THE "R+D MAZE" OF PHARMACEUTICAL INDUSTRY



# SUMMARY OF MAIN TYPES OF DRUG INTERACTIONS

**Drug**

- **Drug**
- **Food**
- **Alcohol**
- **Smoking**
- **Caffeine**
- **Transporters**
- **Pharmacogenomics**
- **Psychoactive drugs**
- **Antacid and inhibitor of gastric juice secretion**

**Interactions**

# SUMMARY OF MAIN TYPES OF DRUG INTERACTIONS



**\* Possibility of prediction with *in vitro* dissolution**

# EXPECTATIONS FOR *IN VITRO*/*IN VIVO* CORRELATIONS FOR IR PRODUCTS BASED ON BCS

<b>BCS class</b>	<b>IVIVC expectations</b>
<b>I.</b> <b>High S/High P</b>	No IVIVC until product dissolution becomes slower than gastric emptying
<b>II.</b> <b>Low S/High P</b>	IVIVC should be possible to establish provided that <b>in vitro relevant dissolution test</b> method is used and <b>drug absorption is limited by dissolution rate rather than saturation solubility</b>
<b>III.</b> <b>High S/Low P</b>	No IVIVC until product dissolution becomes slower than intestinal permeability
<b>IV.</b> <b>Low S/Low P</b>	Low chance for IVIVC



# **IMPORTANCE OF THE *IN-VITRO* EXAMINATIONS OF FOOD-DRUG INTERACTIONS**

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- **Fast, „not expensive” information**
- **Fast information about the previously registered drugs, which were not examined to food interaction**
- **Prediction of clinical studies with simulated *in-vitro* examinations**
- **Relative good estimation of IVIVC correlation (BCS II)**
  - **biorelevant dissolution medium**
  - **poorly-permeable drugs (BCS III, IV) with HPMC**
- **Prediction of the type and mechanism of food interaction**
- **Prediction of the differences of drug interaction according to the geographic location and culinary tradition**
- ***In-vitro* predictive study of drug-food and/or milk interactions of infant, pediatric and geriatric formulations without ethical consequences**
- **Management of ”ideal therapy” and refined patient’s information**

# **ACKNOWLEDGMENTS**

- **Petra Füredi**
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- **Krisztina Ludányi**
- **Katalin Pápai**
- **Dávid Virág**
- **Romána Zelkó**



**„THE LARGER THE ISLE OF KNOWLEDGE,  
THE LONGER  
THE LENGTH  
OF THE UNKNOWN SHORE.”**

**Ralph W. Sockman**  
**(1889-1970)**



**THANK YOU FOR YOUR KIND ATTENTION**