



Fed and Fasted Conditions Dissolution Studies

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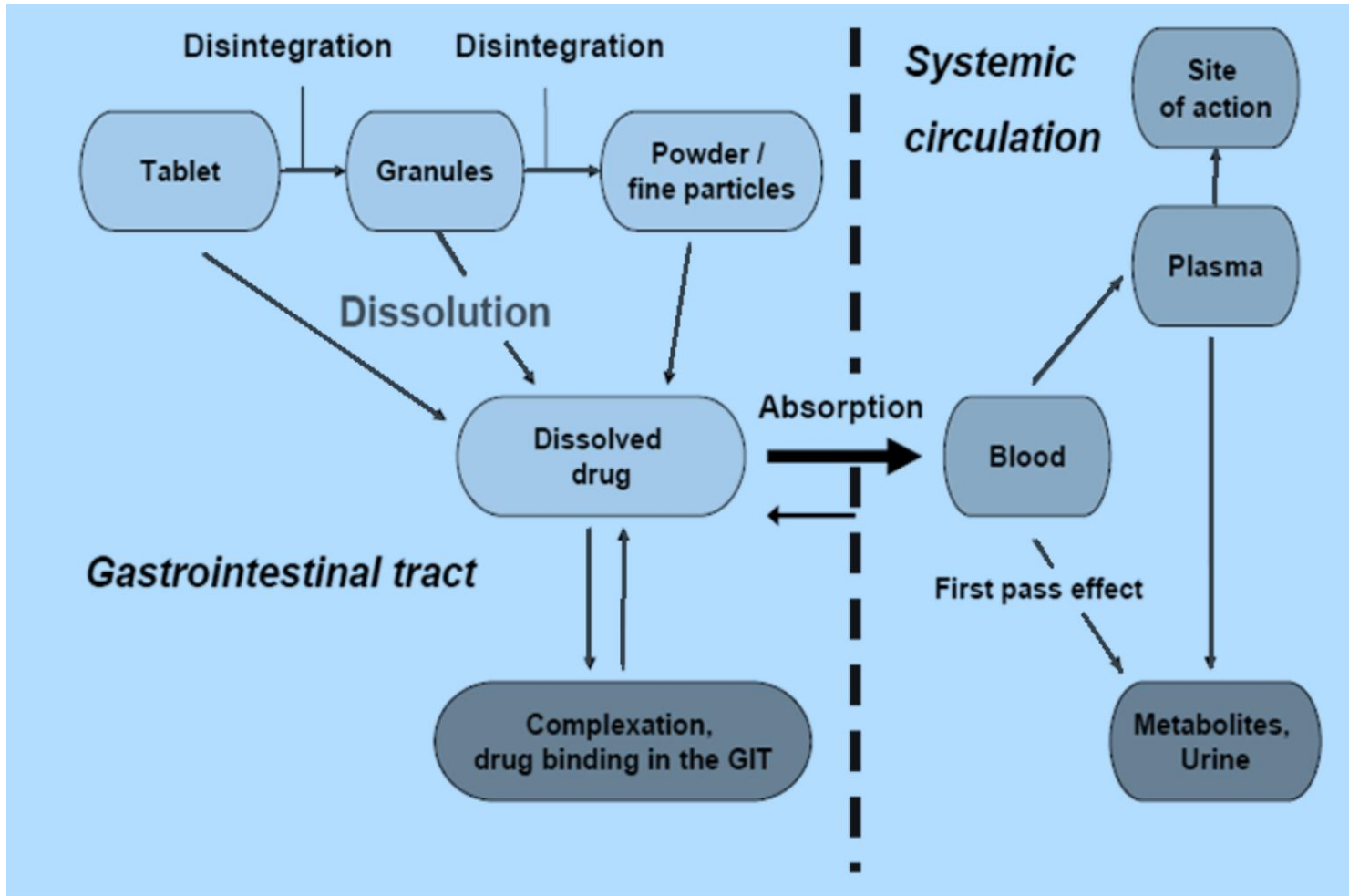
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OUTLINE

- Factors effecting solubility and dissolution
- Selection of dissolution medium
- Fasted and Fed State
- Physiological dissolution methodologies
- Biorelevant dissolution media, *FaSSIF/FeSSIF*
- Case Examples
- New generation dissolution media (*FaSSIF-V2 and FaSSIF-V3*)

Pharmaceutical solid oral dosage forms must undergo dissolution in intestinal fluids of the gastrointestinal tract before they can be absorbed and reach the systemic circulation.

Dissolution is a critical part of the drug delivery process.



Dissolution and oral drug delivery

Factors effecting solubility and dissolution of drug in GI system

Parameter	Physicochemical Characteristic	Physiological Variable
Surface area (A)	Particle size, wettability	Surfactants and bile salts in gastric fluid
Diffusion (D)	Molecular size	Viscosity of GI fluid
Thickness of diffusion layer (h)		GI motility
Saturation concentration (C_s)	Hydrophilicity, crystalline structure, solubility	pH, surfactants, buffering capacity, bile salts, food content
Concentration of dissolved drug (C)		Permeability
Volume of solvent (V)		Volume of GI fluids and secretions

In vitro and in vivo dissolution parameters

Parameter	In Vitro Dissolution	In Vivo Dissolution
Media	Compendial media USP media Biorelevant media	Gastrointestinal fluids
Volume	Variable according to apparatus used and simulated condition (fasted or fed state)	Variable according to condition (fasted or fed state)
Duration	Variable according to apparatus used, dosage form and simulated condition (fasted or fed state)	Variable according to dosage form and condition (fasted or fed state)
Hydrodynamics	USP Apparatus 1,2,3,4	Gastrointestinal motility
Location	Constant (unless media change occurs, i.e., USP App 3 and 4)	Variation with time
Amount of drug	Constant in closed systems Decrease in open system	Decreases as drug is absorbed

Dissolution/In vitro Release Testing-Important Tool

- **Assess batch to batch quality of the product**
- **Determine product stability/shelf life**
- **Guide in the development and/or process control of formulations**



Dissolution/In vitro Release Testing-Important Tool

- **Ensure quality and performance after changes in the formulation, the manufacturing process, the site of manufacture and the scale-up of manufacturing (SUPAC) process**
- **Bioequivalency Test: Biowaivers**
- **Predict the in vivo release in terms of IVIVC**



Important points to find the right dissolution test

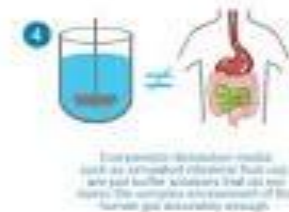
- **Where in the GI tract is drug released from the dosage form**
- **How long does the dosage form have to release the drug**
- **Composition of the fluids into which drug is released**

Selection of dissolution medium

- **pH of the dissolution medium**
- **Surface tension of dissolution medium**
- **Viscosity of dissolution medium and sink conditions**
- **Presence of unreactive and reactive additives in dissolution medium**
- **Temperature of dissolution medium**

Selection of dissolution medium

- Selection of the proper medium for dissolution testing depends largely on the physicochemical properties of the drug as well as more economics and practical reason.



Selection of dissolution medium

- **The choice of medium will depend on the purpose of the dissolution test.**
- **For batch-to batch quality testing, selection of the dissolution medium is based, in part, on the solubility data and the dose range of the drug product to ensure that sink conditions are met.**

Fasted and Fed State

- Food ingestion is known to induce various physiological changes in the GI environment.
- Poorly soluble compounds are especially prone to higher systemic exposure when given in the fed state, with the main effect being faster and more extensive dissolution under fed conditions,
- due to higher levels of native surfactant, presence of lipophilic meal components and the products of fat digestion, larger volumes of fluids available to dissolve the drug and the longer upper GI residence time.

- **The in vivo dissolution behavior of weak bases is additionally influenced by variations in upper GI pH, making these drugs especially prone to food effects.**



Fasted and Fed State

- **Since the rate-determining step to the intestinal absorption of poorly soluble drugs is the dissolution in the gastrointestinal (GI) tract, postprandial changes in GI physiology,**
- **in addition to any specific interactions between drug and food, are expected to affect the pharmacokinetics and bioavailability of such drugs.**

Fasted and Fed State

In fed state, the environment in the small intestine also changes considerably after a meal compared with the fasting conditions.

Fasted and Fed State

- **In the fed state lipid digestion products may also contribute to the solubilization of lipophilic compounds, so inclusion of lipid digestion products in the media would not predict fed v.s fasted state dissolution in vivo.**
- **Another continuing area of focus will be the refinement of efforts to predict food effects for MR formulations (osmotic pumps, coated pellets etc.) and to model drug-absorption processes.**

Fasted and Fed State

- **As food intake triggers many of the secretions in the small intestine, the composition of fed state intestinal fluid can vary greatly from fasted state intestinal fluid.**
- **This difference in composition can be partially responsible for differences in bioavailability seen when drug is administered in the fed versus the fasted state.**
- **For some lipophilic drugs, co-administration with a meal has been shown to increase bioavailability compared to fasted state.**

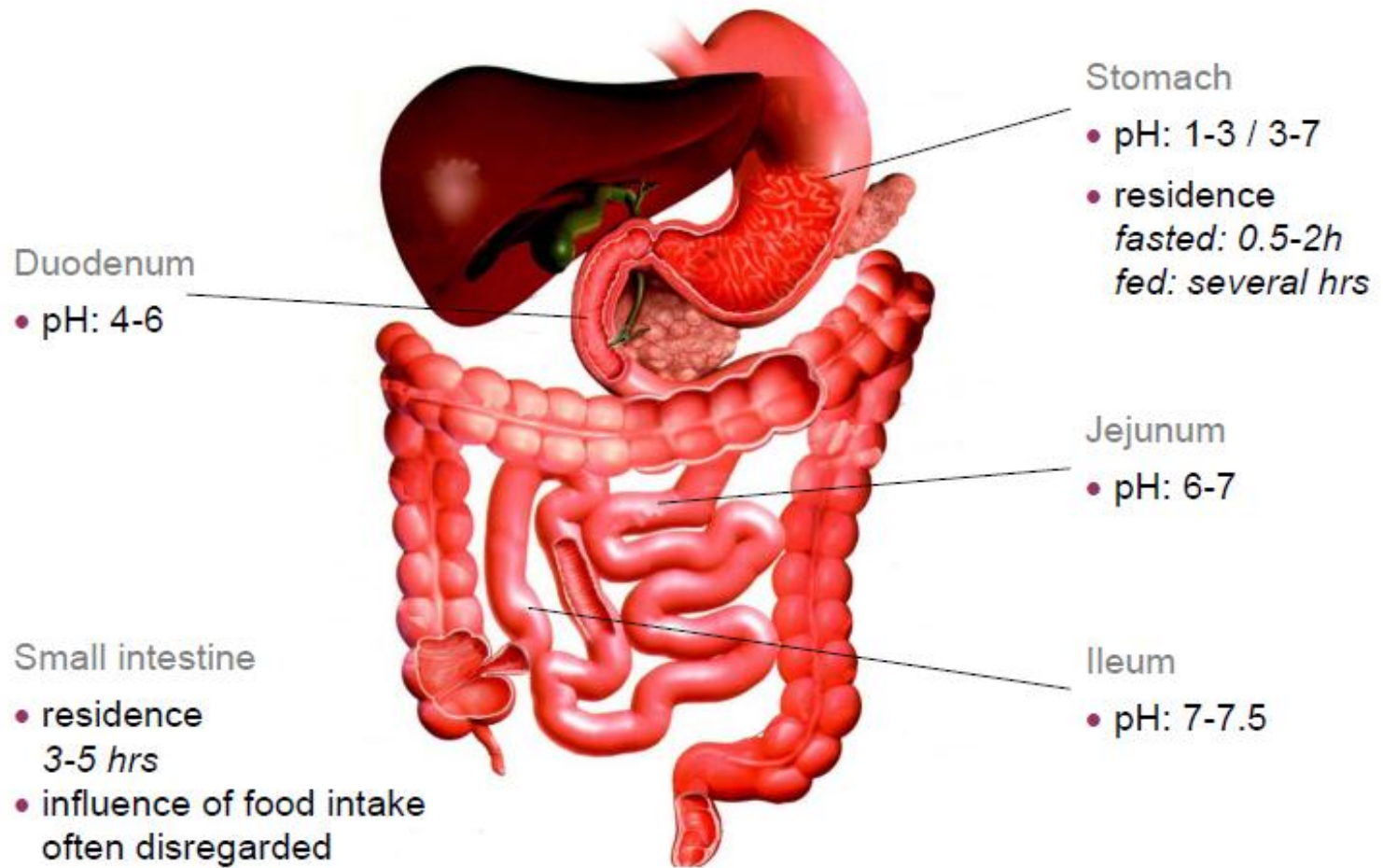
Physiological Dissolution Methodologies

- Simulated gastric and intestinal fluids are media designed to mimic the major characteristics of *in vivo* fluids.
- A frequently used medium for the simulation of small intestinal (SI) conditions in the fasted state is simulated intestinal fluid (SIF), a medium that was first described as a standard test solution in the USP more than 50 years ago.

- The only parameter that has been changed is the pH of the medium.
- As it was assumed that the pH in the small intestine is very close to blood plasma, the pH of SIF was initially set at **7.5** .
- However, subsequent examinations of the pH in the intestinal tract revealed that a pH gradient exists within the small intestine, that the pH becomes less acidic at more distal locations, and that pH values close to **7.5** can only be measured in the terminal ileum.

Human GI tract

	pH
Stomach	1-3 (fasted) 3-7 (fed)
Duodenum	4-6
Jejunum	6-7
Ileum	7-7.5
Colon	5-7



Gastrointestinal passage

- **The passage of the dosage form through the stomach depends on unit size and prandial state.**
- **In the fasted state, motility in the upper GI tract is cyclical and passage is size independent.**
- **In the fed state, passage of bigger units may be considerably delayed.**

➤ **As drug absorption during SI passage is most efficient when drug release from the dosage form occurs at proximal SI sites, the more relevant pH values are those in the duodenum and the proximal jejunum.**

➤ **The use of an in vitro medium with an unsuitably high pH in contrast would most probably lead to false positive results, especially for poorly soluble, weakly acidic drugs and enteric coated dosage forms.**

Simulation of GI conditions is essential to adequately predict the *in vivo* behavior of drug formulations.

To reduce the size and number of human studies required to identify a drug product with appropriate performance in both the fed and fasted states, it is advantageous to be able to pre-screen formulations *in vitro*.

- **More physiologically relevant media have been designed in order to simulate the composition of the stomach contents in both fasted and fed states.**



Biorelevant Dissolution Media

- **Recently, the use of biorelevant testing conditions has become standard in the characterization of new compounds and development of formulations.**
- **They can also be used as the basis for developing appropriate quality control test, under consideration of appropriate pH and buffer capacity, by substituting appropriate synthetic surfactants for the natural one.**

Biorelevant Dissolution Media

- **Simulated small intestinal biorelevant media are increasingly seen as a helpful tool to assess the dissolution and solubility of drugs.**
- **Biorelevant media are commonly used to simulate the physiological composition of human intestinal fluids (HIF) in *in vitro* solubility and dissolution investigations.**

Biorelevant Media

To reflect the entire human gastrointestinal tract, media have been introduced to

- ✓ simulate gastric juice (**FaSSG**) and (**FeSSGF**)
- ✓ small intestinal (**FaSSIF**) and (**FeSSIF**)
- ✓ colonic fluids (**FaSSCoF** and **FeSSCoF**)
under pre- and postprandial conditions.

Gastric Media

Fasted conditions in the stomach

- **Simulated gastric fluid (SGF)** , which has a pH **1.2** and contains pepsin is described in the USP.
- A fasted state simulated gastric fluid (**FaSSGF**) which contains pepsin and very low (micromolar) amounts of bile salt and lecithin , was subsequently developed by *Vertzoni et al.*

Biorelevant conditions in the fasted stomach

FaSSGF	
Sodium taurocholate	80 mmol/L
Lecithin	20 mmol/L
Pepsin	0.1 mg/mL
NaCl	34.2 mmol/L
HCl conc.	ad pH 1.6
Deionized water	ad 1000 mL
<i>pH</i>	1.6
<i>Surface tension</i>	42.6 mN/m
<i>Osmolality</i>	121 mOsm/kg

***Composition of the Medium to Simulate the Fasted-State Stomach:
Fasted-State Simulated Gastric Fluid (FaSSGF)***

Composition

Sodium taurocholate (μM)	80
Lecithin (μM)	20
Pepsin (mg/mL)	0.1
Sodium chloride (mM)	34.2
Hydrochloric acid q.s.	pH 1.6

Properties

pH	1.6
Osmolality (mOsm/kg)	120.7 \pm 2.5
Buffer capacity (mmol/L/pH)	–
Surface tension (mN/m)	42.6

Biorelevant Media Content

	SGF	FaSSIF	FeSSIF
pH	1.2 (1.6)	6.5	5.0
Lecithin Conc., mM	0	0.75	3.75
NaTau, mM	0	3	15
Ionic Strength, M	0.26	0.16	0.32

Galia E. et al., 1998,

FaSSIF and FeSSIF

- Fasted-state simulated intestinal fluids (**FaSSIF**) and Fed-state simulated intestinal fluids (**FeSSIF**) were introduced *by Prof. J.Dressman in 1998.*



FaSSIF and FeSSIF

- **Conventional dissolution media for poorly soluble drugs contain synthetic surfactants, such as sodium dodecyl sulphate, which form micelles.**
- **In contrast, FeSSIF and FaSSIF contain natural surfactants that form more complex lipid aggregates.**

FaSSIF and FeSSIF

- The use biorelevant media such as Fed state simulated intestinal fluid- *FeSSIF* and Fasted state simulated intestinal fluid-*FaSSIF* is particularly important for poorly water-soluble compounds because they simulate the solubilizing environment of mixed micelles.

Biorelevant dissolution media

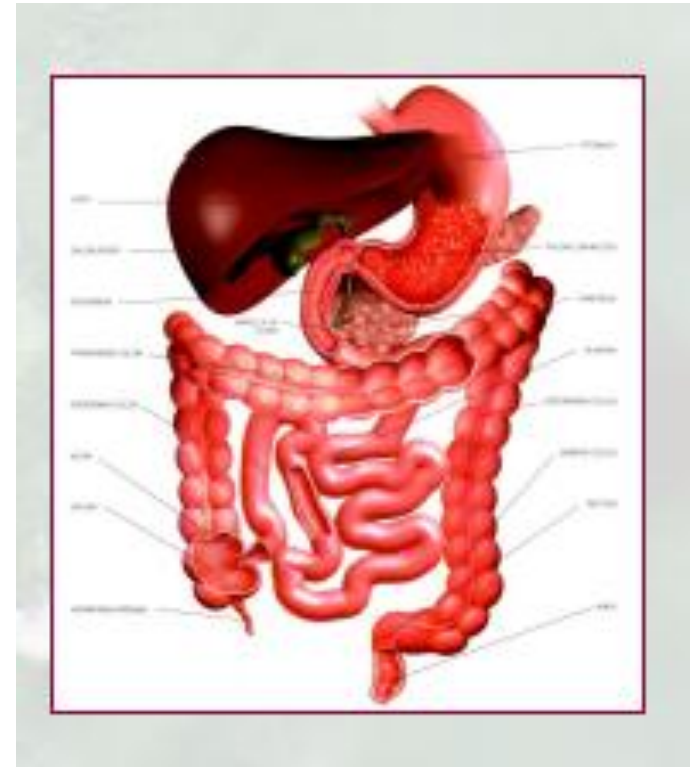
Fasted Stated

Stomach

- **FaSSGF**: Simulates reduced surface tension in the stomach

Small intestine

- **FaSSIF** to simulate basal bile secretion in upper SI



Biorelevant dissolution media

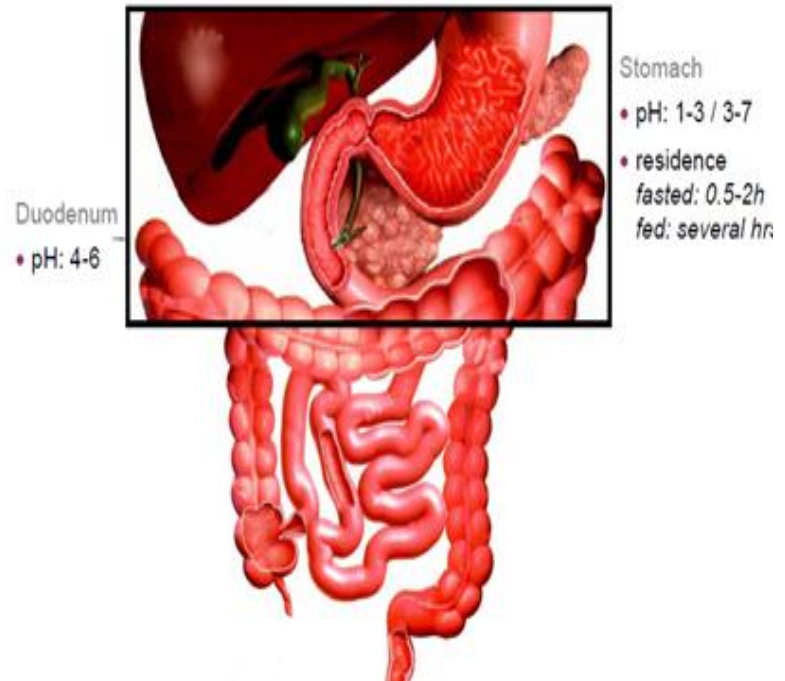
Fed State

Stomach

▪ **FessGF:** Milk/buffer pH 5 combination simulate gastric conditions after a standard breakfast

Small intestine

▪ **FeSSIF-V2** to simulate postprandial bile secretion, lipolysis products, increased buffer capacity and osmolality in upper SI after food intake



**Simulation of The Physiological GI Contents
Biorelevant Dissolution Media Biorelevant pH
Gradient**

	Preprandial	Postprandial
Stomach	FaSSGF	Milk, Ensure ^R Plus
Small intestine	FaSSIF	FeSSIF

FeSSIF and FaSSIF comprise a bile salt and lecithin, which are responsible for the emulsification of dietary fats in humans and animals.

Composition of the Media to Simulate the Fed-State Stomach, Including Fed-State Simulated Gastric Fluid (FeSSGF)

Composition	Early	Middle (FeSSGF)	Late
Sodium chloride (mM)	148	237.02	122.6
Acetic acid (mM)	–	17.12	–
Sodium acetate (mM)	–	29.75	–
Ortho-phosphoric acid (mM)	–	–	5.5
Sodium dihydrogen phosphate (mM)	–	–	32
Milk/buffer	1:0	1:1	1:3
Hydrochloric acid/ sodium hydroxide q.s.	pH 6.4	pH 5	pH 3
Properties			
pH	6.4	5	3
Osmolality (mOsm/kg)	559	400	300
Buffer capacity (mmol/L/pH)	21.33	25	25
Surface tension (mN/m)	49.7 ± 0.3	52.3 ± 0.3	58.1 ± 0.2

Composition of the Media to Simulate the Fed-State Upper Small Intestine, Including Fed-State Simulated Intestinal Fluid, Updated Version (FeSSIF-V2)

Composition (mM)	Early FeSSIF	Middle FeSSIF	Late FeSSIF	FeSSIF-V2
Sodium taurocholate	10	7.5	4.5	10
Lecithin	3	2	0.5	2
Glyceryl monooleate	6.5	5	1	5
Sodium oleate	40	30	0.8	0.8
Maleic acid	28.6	44	58.09	55.02
Sodium hydroxide	52.5	65.3	72	81.65
Sodium chloride	145.2	122.8	51	125.5
Properties				
pH	6.5	5.8	5.4	5.8
Osmolality (mOsm/kg)	400 ± 10	390 ± 10	240 ± 10	390 ± 10
Buffer capacity (mmol/L/pH)	25	25	15	25
Surface tension (mN/m)	30.1 ± 0.2	32.7 ± 0.5	46.0 ± 0.2	40.5 ± 0.2

Media to simulate upper GI Contents

Biorelevant dissolution media

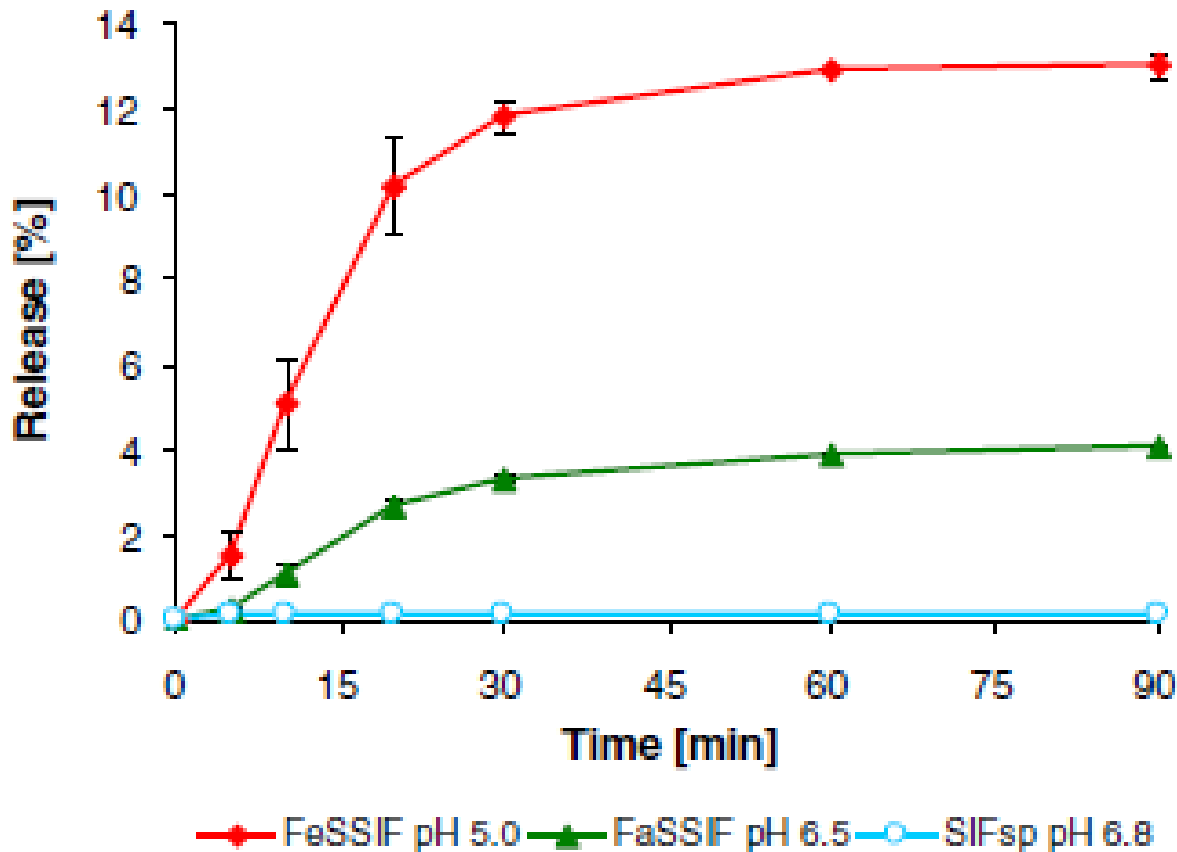
Location	pre-/postprandial	Medium
Stomach	preprandial	FaSSGF
Stomach	postprandial	Ensure [®] Plus, Milk, FeSSGF
Small intestine	preprandial	FaSSIF, FaSSIF V-2
Small intestine	postprandial	FeSSIF, FeSSIF V-2

CASE -EXAMPLES

DANAZOL  **BCS ClassII (Neutral Compound)**

-Solubility: 0.42 µg/ml
-LogP: 4.53 Strongly lipophilic
-good permeability across GI membranes

-*in vitro* performance of tablets (200mg)
-Using the paddle apparatus (100 rpm)
- 500 ml, SIF sp, FaSSIF, FeSSIF

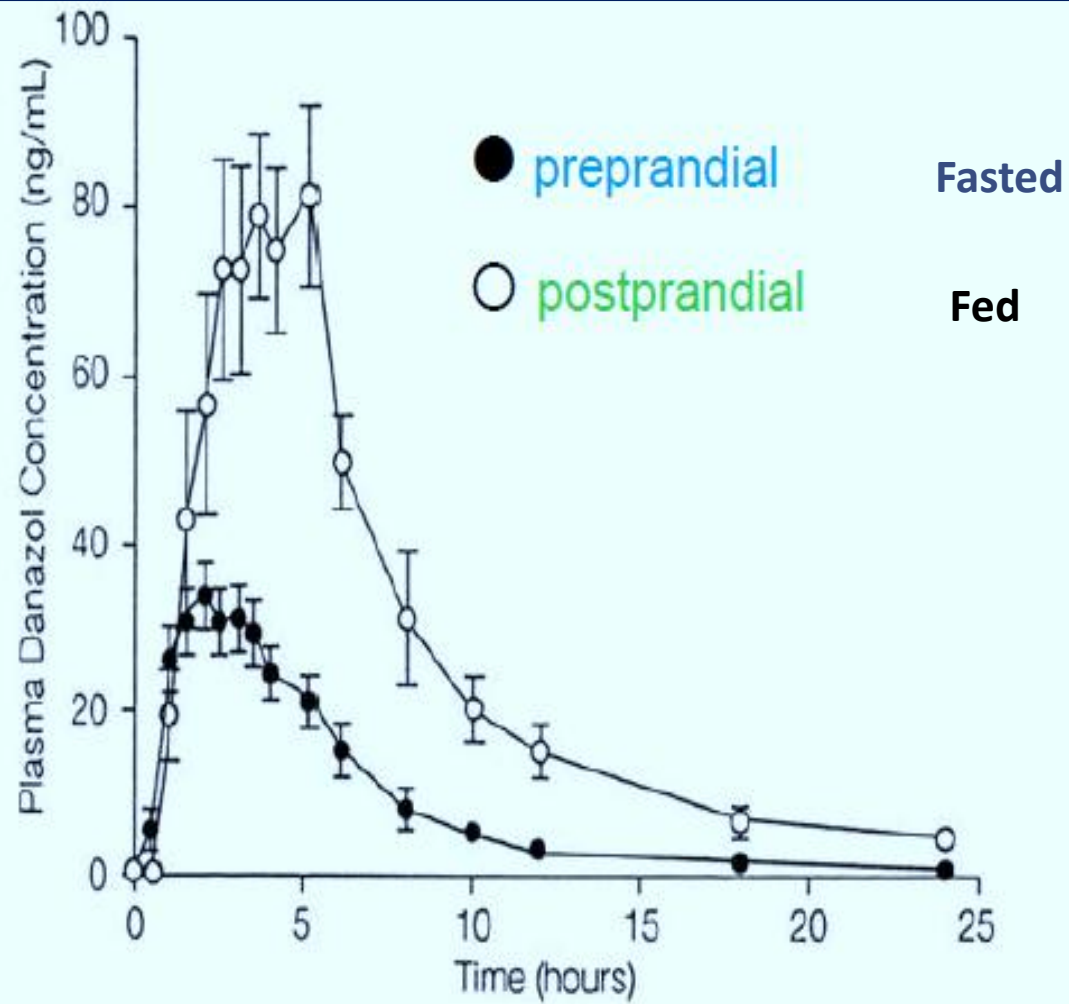


- Clearly reflect the poor aqueous solubility of the drug since in SIFsp, no drug was released
- The total amount of drug released in FeSSIF was three to four times higher than in FASSIF

Dissolution profiles of **Danatrol** tablet obtained in media simulating the intraluminal composition of the small intestine before and after a meal (n=3±SD)

- **Dissolution results indicate that the BA of danazol would be better when the drug is administered in the fed state.**
- **These results are in good agreement with pharmacokinetic data available in literature (Chairman et al. 1993)**

Danazol



It can be concluded that two biorelevant media, FaSSIF and FeSSIF, are a useful tool to predict the BA of the neutral BCS class II compound danazol.

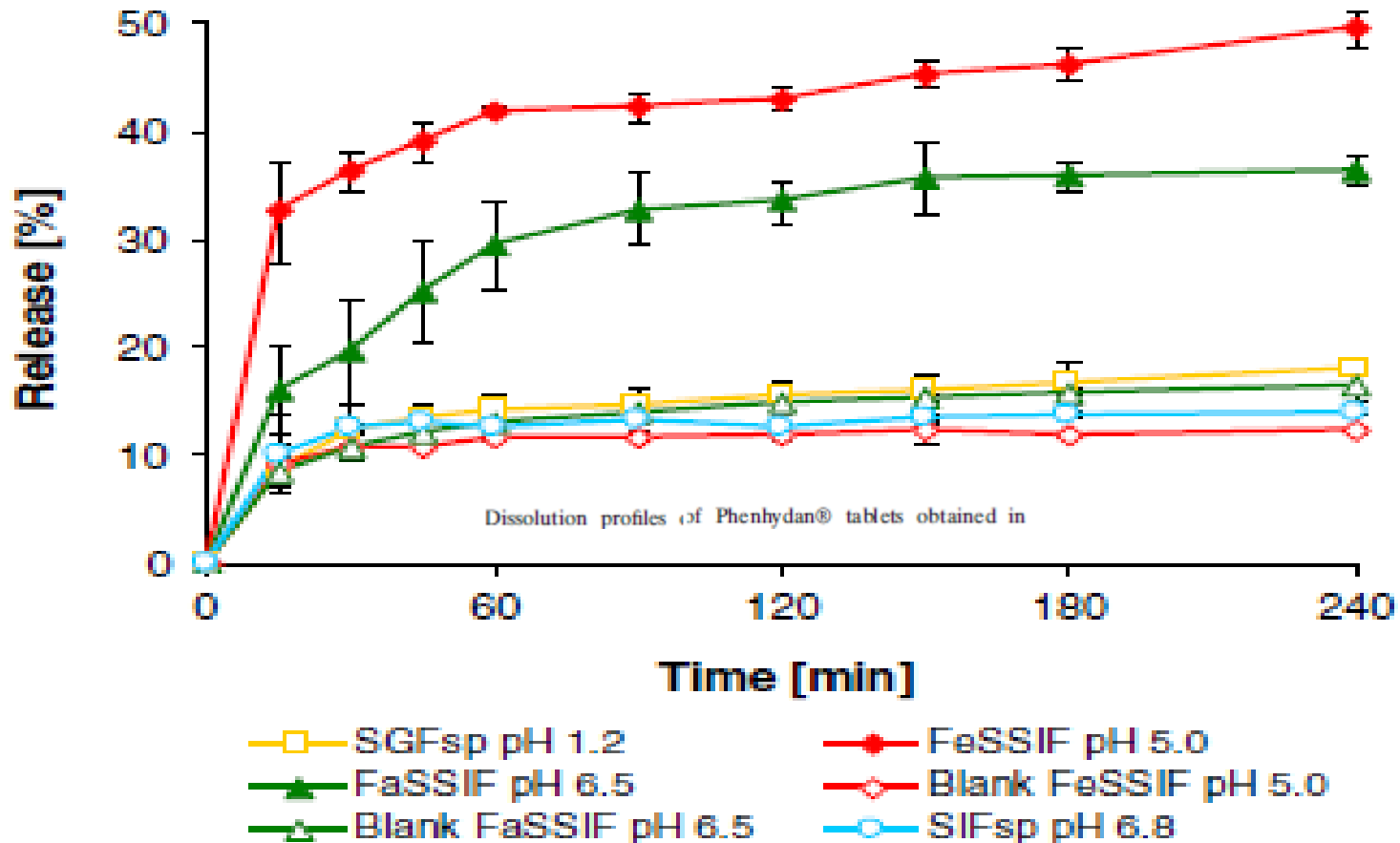
PHENYTOIN  **BCS Class II (poorly soluble weak acid drug)**

-LogP: 2.47

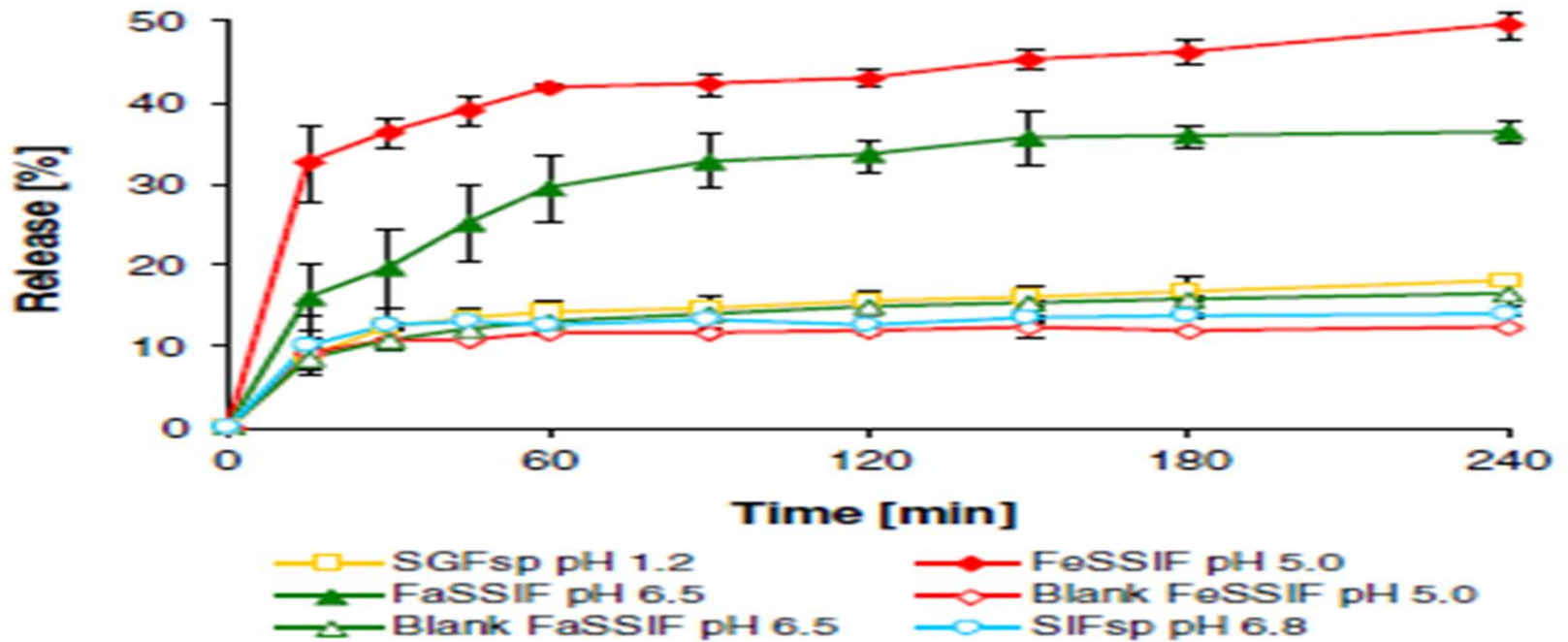
-pKa : 8.3

**-solubility:
0.032 g/L**

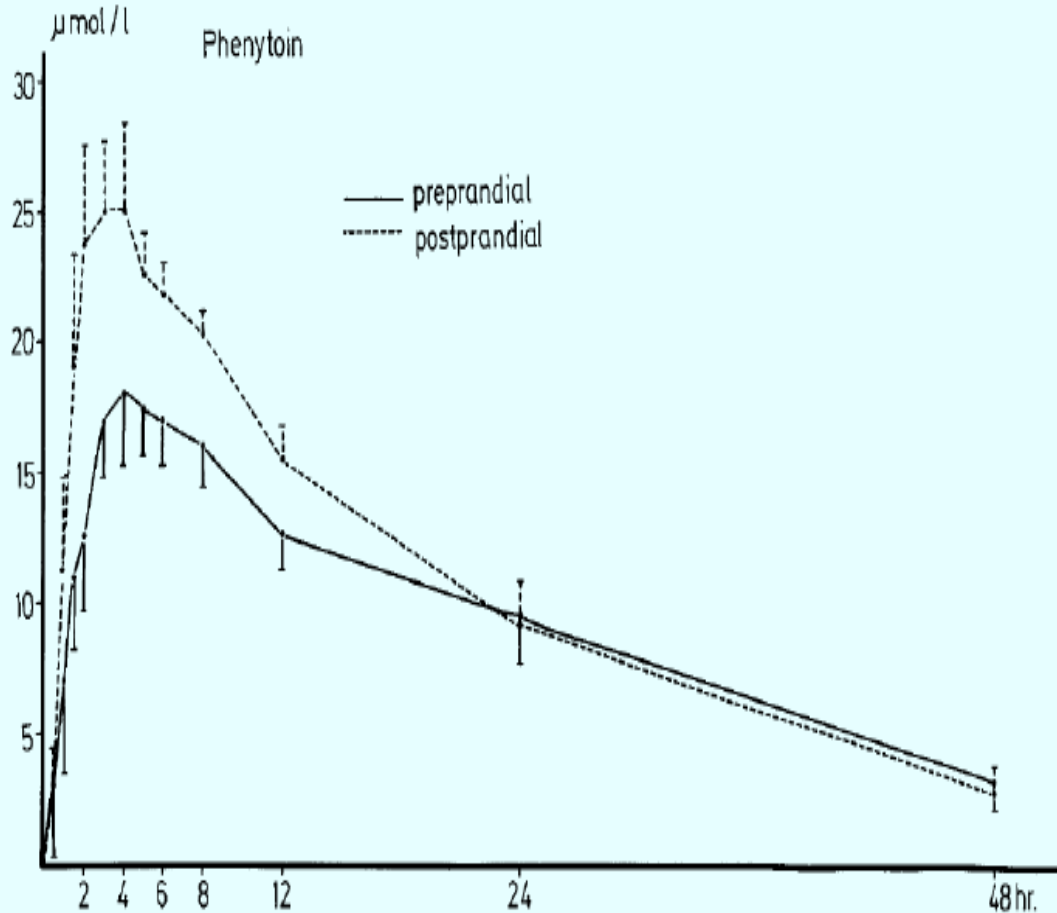
**IR formulation, Phenhydan tablets
were examined for in vitro
dissolution behavior in compendial
and biorelevant media.**



Dissolution profiles of **Phenhydram** tablet obtained in media simulating the intraluminal composition of the small intestine before and after a meal (n=3±SD)



Comparison of dissolution profiles obtained in blank FaSSIF and FaSSIF and blank FeSSIF and FeSSIF indicates that bile components play an important role in the solubilization of phenytoin (~ 36% of drug released in FaSSIF and ~ 50% in FeSSIF over 4h).

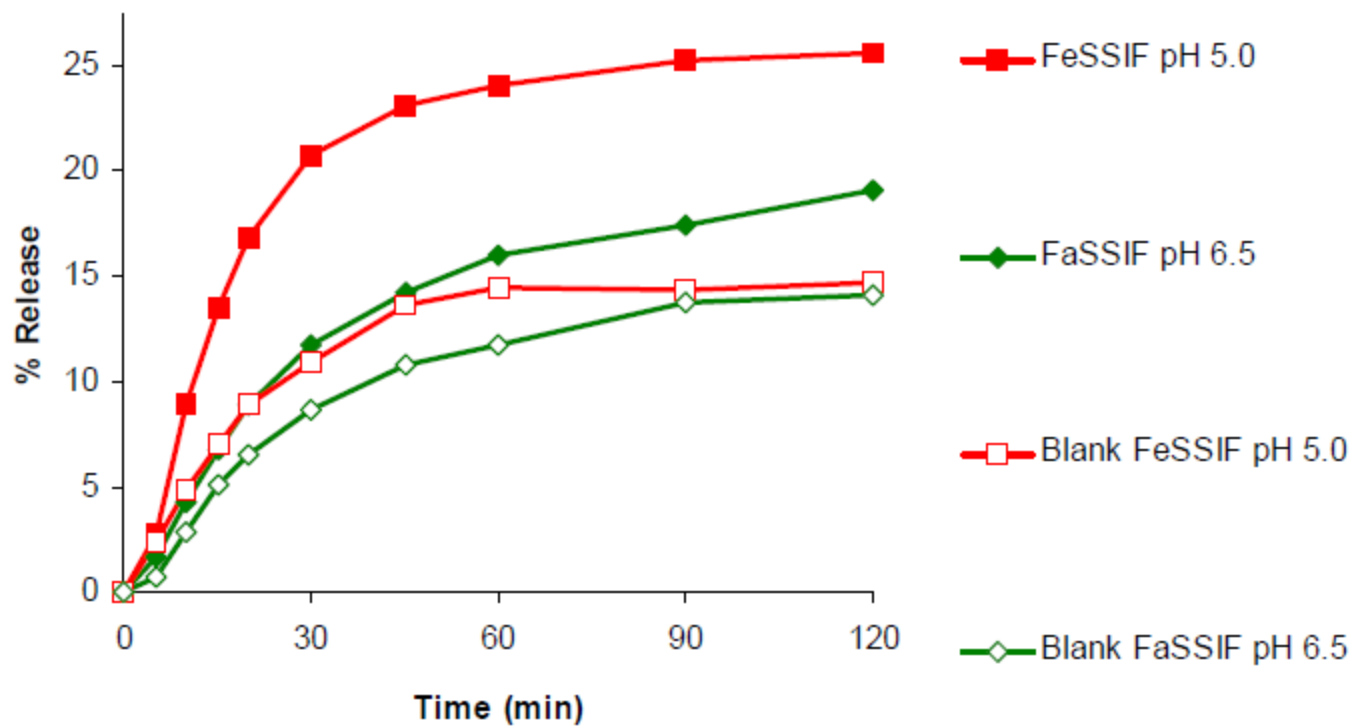


A Melander et al. *Europ. J. Clinical Pharmacol.* 15 269-274 (1979)

The results are in good agreement with study performed in human volunteers where an enhanced absorption of phenytoin was observed when a phenytoin formulation was administered with food.

It can be concluded that for predicting the *in vivo* performance of weakly acidic lipophilic drugs, it is essential to not only focus on the changing pH conditions in the human GI tract but also to consider the impact on bile components on drug solubilization in the small intestine.

Phenytoin AWD 100 mg tablets



ITRACONAZOLE



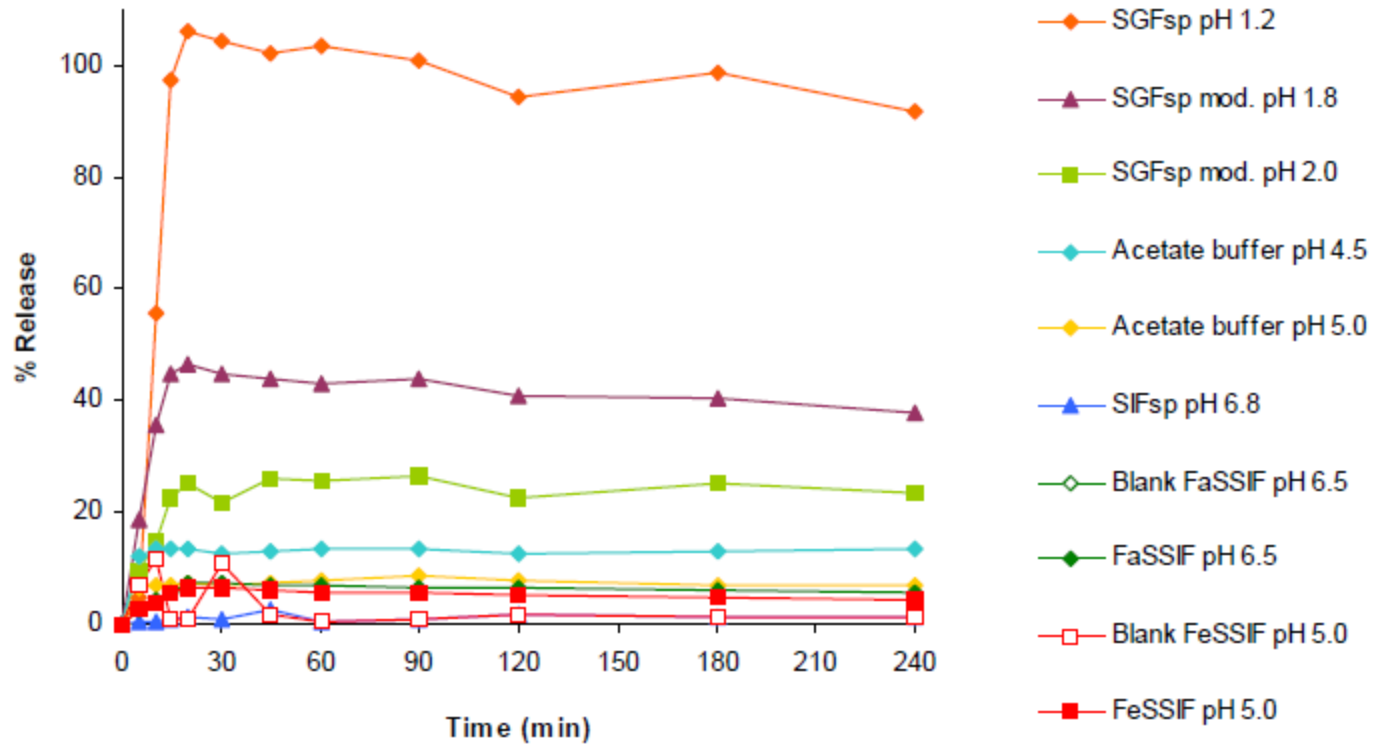
Weak bases

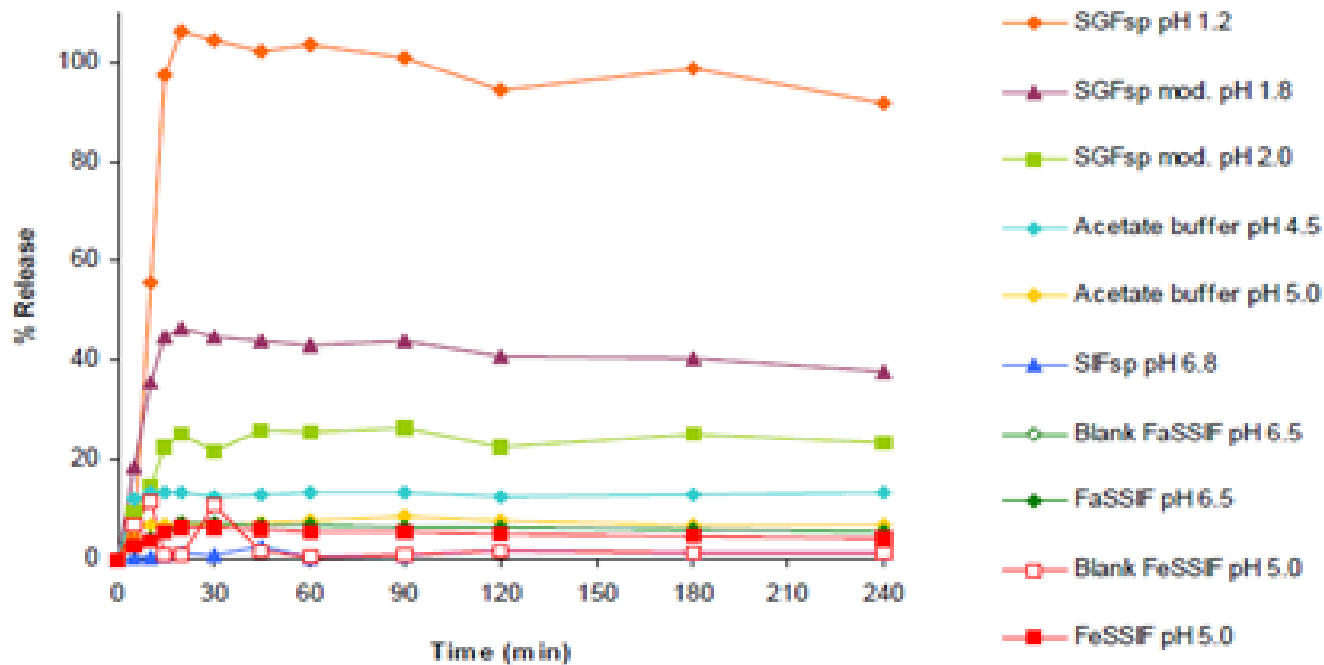
- pKa: approx. 3.7**
- log P: 5.66**
- very poor water solubility**
- can only be ionized and solubilized in aqueous media of very low pH.**

The solubility and dissolution rate of itraconazole could be tremendously improved by formulation with HBen β CD.

Dissolution profiles of itraconazole in compendial and biorelevant test media

Itraconazole-HBen- β -CD complex drug in various dissolution media





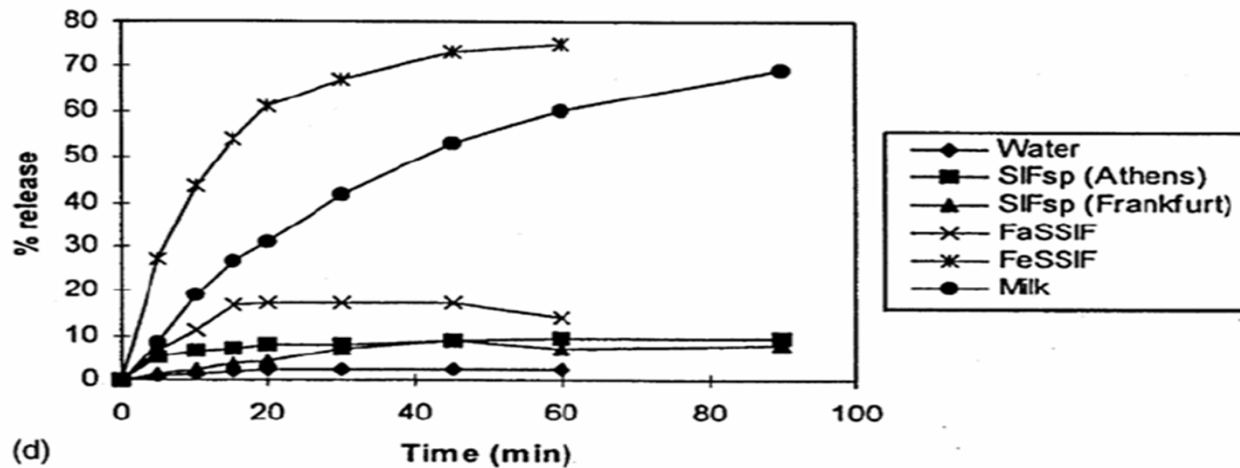
As seen in Figure, it was possible to completely dissolve a 100 mg dose of itraconazole under conditions of the fasted stomach at pH 1.2. Dissolution experiments also revealed the strong pH dependence of the drug's solubility and dissolution rate.

The results indicated that very similar amounts of the drug can be dissolved in FaSSIF and FeSSIF when itraconazole is formulated with HBen β CD are no food effects should be observed after oral administration of an itraconazole/HBen β CD complex.

TROGLITAZONE BCS Class II

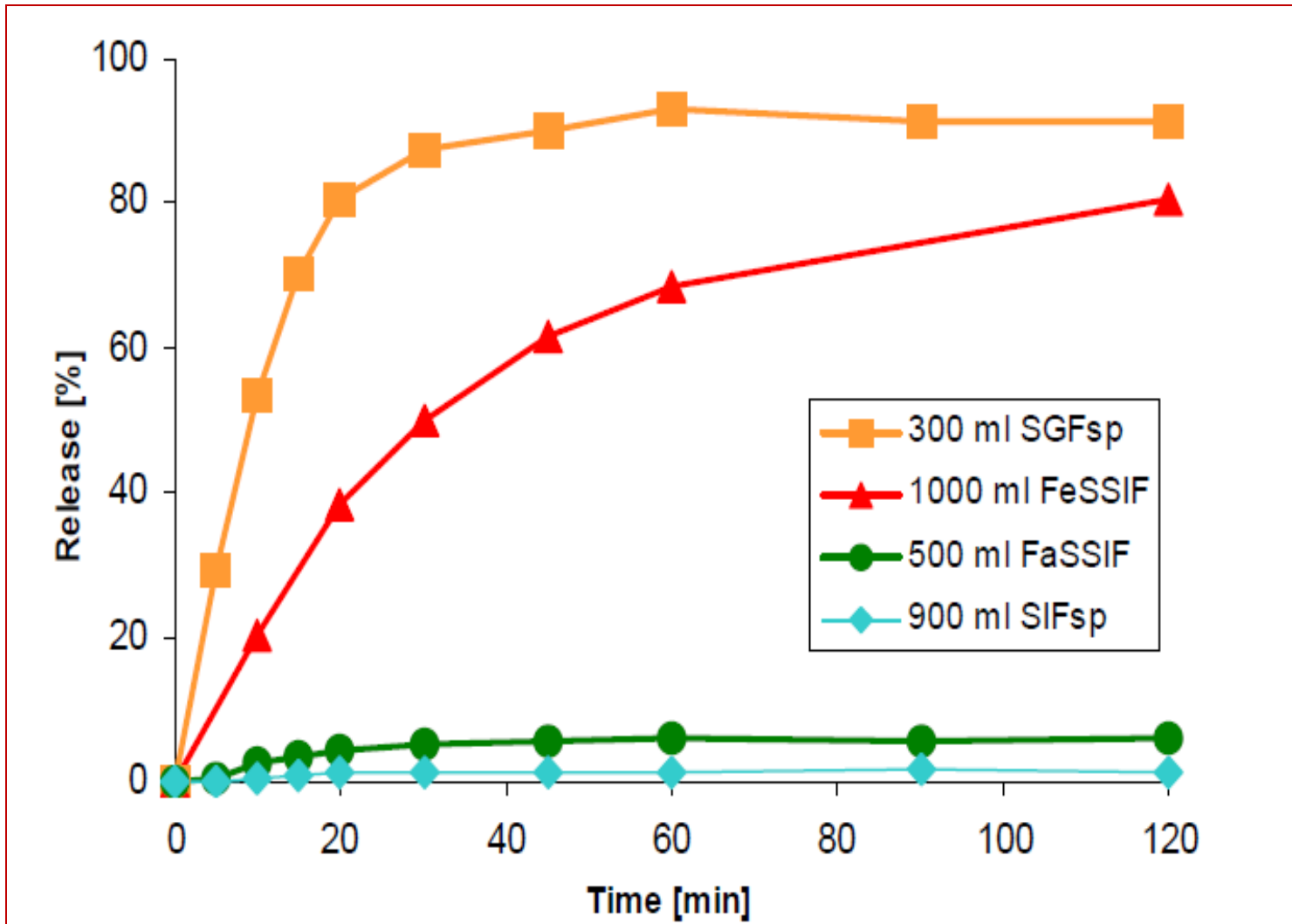
Aqueous solubility: 2 µg/ml
Dose: 200-400 mg
pKa: 6.1; 12

Romozin® tablets

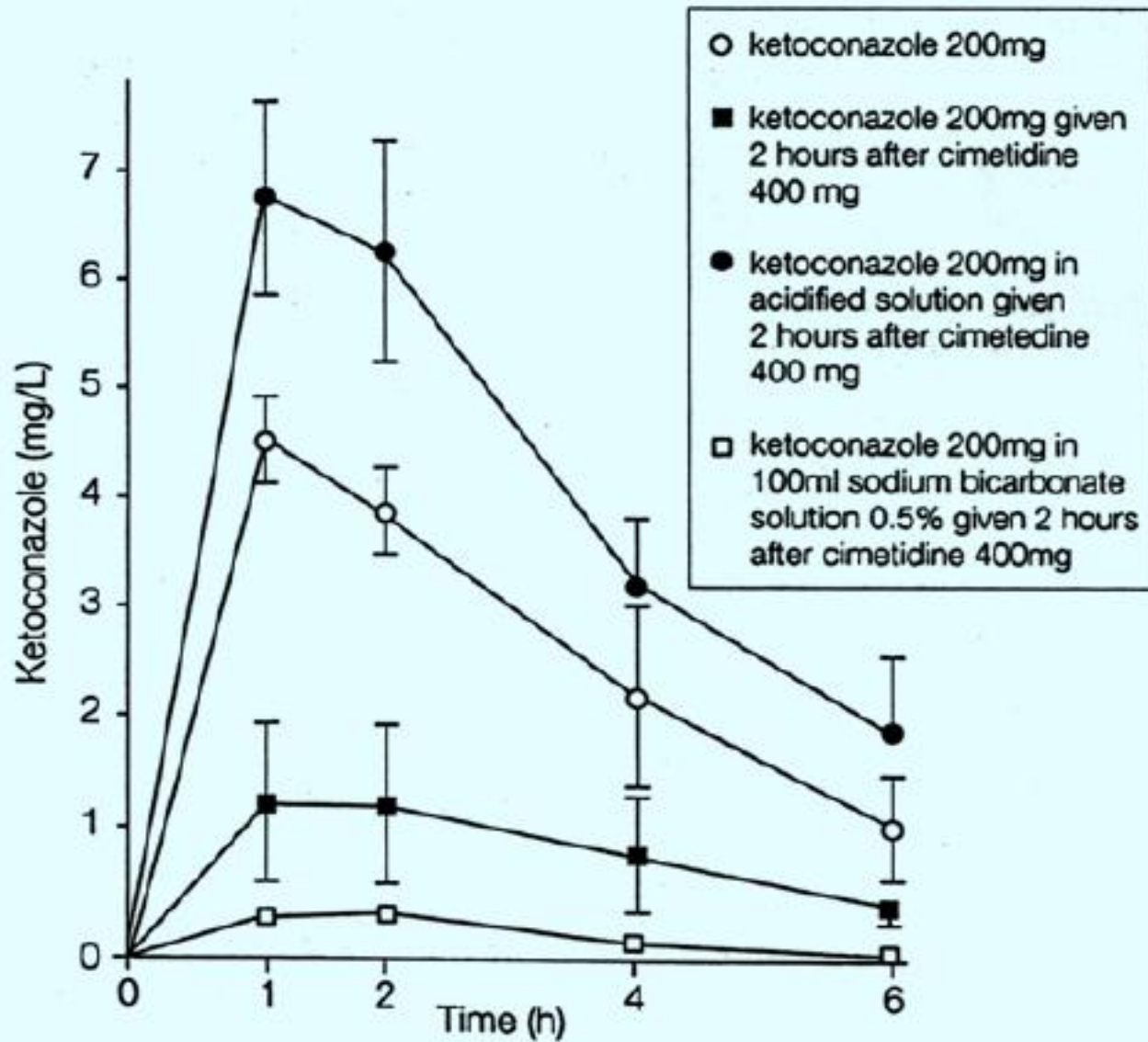


Nicolaides et al. *Pharm. Res.* 16: 1876-1882 (1999)

KETOCONAZOLE  **BCS Class II**



Ketoconazole



Dissolution media for Class II and Class IV Substances

Location	pre-/postprandial	Medium
Stomach	preprandial	SGFsp (USP) <i>plus surfactant</i> <i>z.B. Triton X 100, SDS</i> FaSSGF
Stomach	postprandial	Ensure [®] Plus, Milk
Small intestine	preprandial	FaSSIF
Small intestine	postprandial	FeSSIF

FaSSIF-V2

In 2008 *Jantraid et al.* introduced
FaSSIF-V2 and **FeSSIF-V2**

FaSSIF-V2

The composition of the updated FaSSIF, so-called **FaSSIF-V2**, was changed slightly to more closely reflect the *in vivo* data, while the buffer has been changed from phosphate to maleate for practical reason.

Composition of the Medium to Simulate the FastedState Upper Small Intestine: Fasted-State Simulated Intestinal Fluid, Updated Version (FaSSIF-V2)

Composition (mM)

Sodium taurocholate	3
Lecithin	0.2
Maleic acid	19.12
Sodium hydroxide	34.8
Sodium chloride	68.62

Properties

pH	6.5
Osmolality (mOsm/kg)	180 ± 10
Buffer capacity (mmol/L/pH)	10
Surface tension (mN/m)	54.3

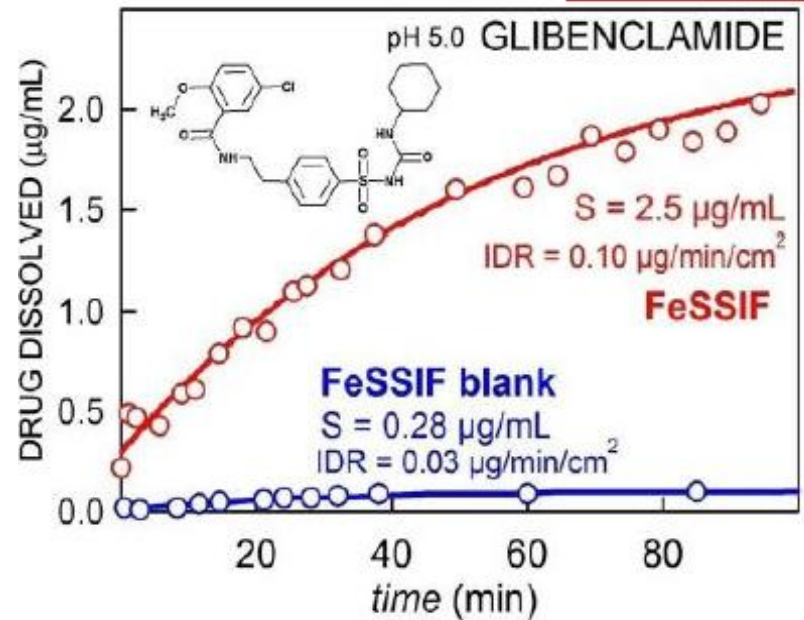
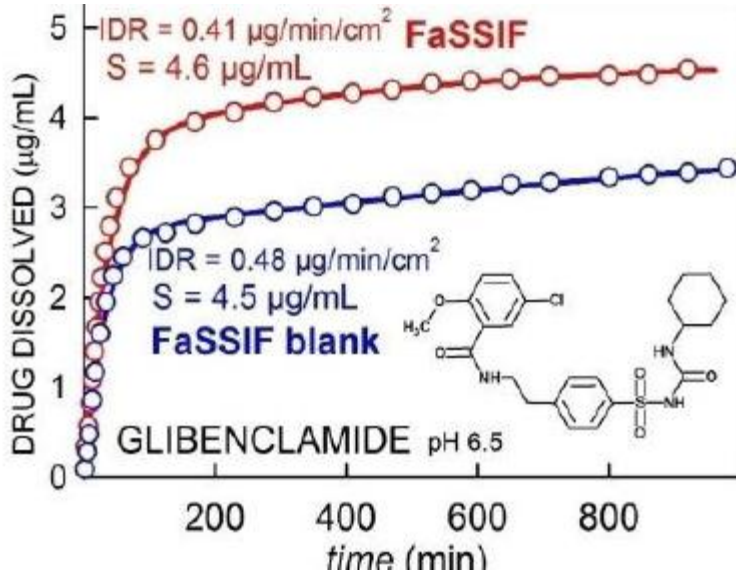
A new medium representing the conditions in the proximal small intestine after meal ingestion has been designed.

This updated FeSSIF medium is called **FeSSIF V2.**

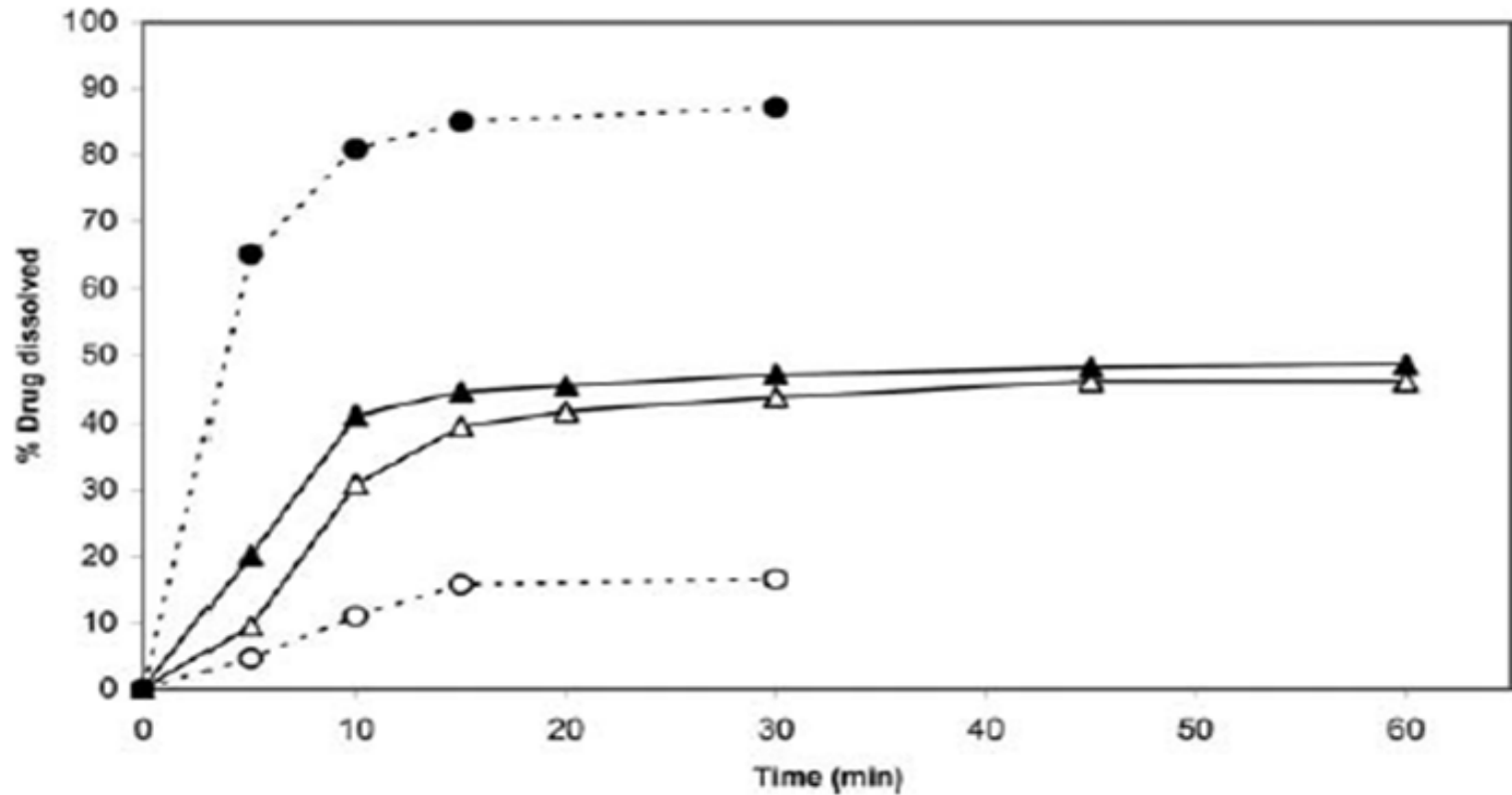


It has been shown recently that the updated versions of small intestinal media, FaSSIF-V2 and FeSSIF –V2 demonstrate better *in vivo* predictiveness than their predecessor.

Glibenclamide



Glibenclamide



Dissolution profile comparison of glibenclamide tablets (Euglucon N) in FaSSIF (●) and FeSSIF (○) (dotted lines), and in FaSSIF-V2 (▲) and FeSSIF-V2 (△) (continuous lines).

Fasted State Simulating Intestinal Fluids:FaSSIF-V3

Various prototypes of **FasSSIF-V3** were prepared with each of the following five bile salts.

- Taurocholate (TC)
- Glycocholate (GC)
- Tauroursodexycholate (TUDC)
- Taurochenodeoxycholate (TCDC)
- Glycochenodeoxycholate (GCDS)

As well as replacing lecithin with its hydrolysis products, lysolecithin and sodium oleate.

Recently, *Fuchs et al* (2014) published a commentary in which relevant literature data about the composition and physicochemical properties of fasted state human intestinal fluid were summarized and evaluated.

Final version of **FaSSIF-V3 was evaluated and compared with the FaSSIF and FaSSIF-V2.**

Several prototypes of FaSSIF-V3 were constructed according to;

- **Osmolarity**
- **pH**
- **phospholipid content of fasted state human intestinal fluids**

Fuchs et al., 2015

Composition of maleate and phosphate buffers used to prepare prototypes of FaSSIFV3

	Maleate Buffer	Phosphate Buffer
pH	6.7 ± 0.05	
Buffer capacity	5.6 mmol/L/ΔpH	
Osmolarity	215 ± 10 mOsmol/L	
Maleic acid	10.26 mM	-
Sodium dihydrogen phosphate	-	13.51 mM
NaOH	16.56 mM	3.19 mM
NaCl	93.3 mM	91.62 mM

Composition of various media which have been proposed to simulate fluids in the fasted state small intestine

Medium	FaSSIF	FaSSIF-V2	FaSSIF-V2plus	Copenhagen fasted	SEIF
BS (mM)					
GC					1
GDC					0.7
GCDC					1
TC	3	3	3		0.5
TDC					0.3
TCDC					0.5
Crudea				2.5	
PL (mM)					
PC	0.75	0.2	0.2	0.625	
LPC					1
Ratio	BS/PL	4/1	15/1	4/1	4/1
SO			0.5		
Chol			0.2		0.25
pH	6.5	6.5		6.5	6.5
Buffer	Phosphate	Maleate	Maleate	Trizma maleate	Phosphate
Osmolarity	270	180	181.2	270	289.25
Stabilizer	NaN3				6

FaSSIF = Fasted State Simulated Intestinal Fluid; FaSSIF-V2 = Fasted State Simulated Intestinal Fluid Version 2; FaSSIF-V2plus = Fasted State Simulated Intestinal Fluid Version 2plus; SEIF = Simulated Endogenous Intestinal Fluid; Copenhagen fasted. BS = bile salts; PL = phospholipids; SO = sodium oleate; Chol = cholesterol; GC = glycocholate; GDC = glycodeoxycholate; GCDC = glycochenodeoxycholate; TC = taurocholate; TDC = taurodeoxycholate; TCDC = taurochenodeoxycholate.

Composition of various FaSSIF-V3 prototypes used for solubility studies.

FaSSIF-V3-prototype	Bile Salt(s)	mM	Phospholipids	mM	NaOleate mM	Chol mM
FaSSIF-V3-TC	TC	2.8	PC/LPC	0.035/0.315	0.315	-
FaSSIF-V3-GC/TC	GC/TC	1.4/1.4	PC/LPC	0.035/0.315	0.315	-
FaSSIF-V3-GC	GC	2.8	PC/LPC	0.035/0.315	0.315	-
FaSSIF-V3-TC-½PL	TC	2.8	PC/LPC	0.0175/0.1575	0.1575	-
FaSSIF-V3-TUDC	TUDC	2.8	PC/LPC	0.035/0.315	0.315	-
FaSSIF-V3-TCDC	TCDC	2.8	PC/LPC	0.035/0.315	0.315	-
FaSSIF-V3-GC/TC_CHOL	TC/GC	1.4/1.4	PC/LPC	0.035/0.315	0.315	0.2
FaSSIF-V3-GCDC	GCDC	2.8	PC/LPC	0.035/0.315	0.315	-

Ratio bile salt/phospholipid= 9/1
Osmolarity= 220 ± 10 mOsmol/kg

pH = 6.7 ± 0.05
Buffer capacity = 5.6 mmol/L/DpH

TC = taurocholate; **GC** = glycocholate; **TUDC** = tauroursodeoxycholate; **TCDC** = taurochenodeoxycholate; **GCDC** = glycochenodeoxycholate; **PC** = phosphatidylcholine (lecithin); **LPC** = lysophosphatidylcholine (lysolecithin); **NaOleate** = sodium oleate; **Chol** = cholesterol.

- **All biorelevant media showed a significantly lower surface tension than the blank buffer solution.**

- **Furthermore, all prototypes of FaSSIF-V3 that contain the lipolysis products of lecithins have significantly lower surface tensions than those measured in FaSSIF and FaSSIF-V2 or in FaSSIF-V3-GC/TC-Lecithin.**

CONCLUSIONS

- ❖ **Fasted State Simulated Intestinal Fluid (FaSSIF) and Fed State Simulated Intestinal Fluid (FeSSIF) are extremely similar to juices present in the human intestine before and after a meal respectively.**
- ❖ **These biorelevant dissolution media reflect GI conditions in both the fasted and fed states, they can be used to predicts food effects.**

CONCLUSIONS

- ❖ For poorly soluble drugs, prediction of in vivo performance would not have been possible without biorelevant dissolution media.
- ❖ Biorelevant dissolution tests **have not been accepted by regulatory agencies yet**, so the further investigations are needed.



**On 31st Aug. & 1st Sept. 2015,
Venue : Hotel Fidalgo, Panaji, Goa**

THANK YOU.....

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